

Welcome to  
**BAM FM Ltd, and  
 REGGIE RELISH**  
 and his monstrous  
 vegetables and other  
 scarily good foods.  
 Provider of the catering  
 service at your school



# Reggie makes lunchtimes fun!

He works hard to find the finest of suppliers  
 and works to the highest standards



We work with:



# BROMSGROVE FIRST & MIDDLE SCHOOL LUNCH

February 2026 - July 2026



FOR MONSTER APPETITES



If you would like further information  
 on any of our menus or services please  
 contact us by emailing: [dawn.marshall@bam.com](mailto:dawn.marshall@bam.com)

**REGGIE LOVES TO HEAR ANY FEEDBACK AND  
 COMMENTS YOU MAY HAVE FOR HIM**

# BROMSGROVE FIRST & MIDDLE SCHOOL LUNCH

## WEEK 1

### WEEK COMMENCING

23.02.26, 16.03.26, 20.04.26, 11.05.26, 22.05.26, 29.06.26

### MONDAY

**Meat:** Cowboy Sausage Pasta Bake with Peas

**Vegetarian:** Sweet Chilli Vegetables, Rice with Peas

**Dessert:** Steamed Sultana Sponge with Custard

### TUESDAY

**Meat:** Full Breakfast (Bacon, Sausage, Scrambled Egg, Hash Brown with Beans or Tomatoes)

**Vegetarian:** Vegetarian Full Breakfast (Vegan Sausage, Scrambled Egg, Hash Brown with Beans & Tomatoes)

**Dessert:** Lemon Drizzle Cake

### WEDNESDAY

**Meat:** Chicken, Roast Potatoes, Broccoli, Carrots, Stuffing with Gravy

**Vegetarian:** Quorn Fillet, Roast Potatoes, Broccoli, Carrots, Stuffing with Gravy

**Dessert:** Carrot Cake

### THURSDAY

**Meat:** Creamy Cajun Chicken & Bacon Tagliatelle with Whole Green Beans

**Vegetarian:** Glazed Halloumi, Mixed Vegetables with Pilau Rice & Chickpeas

**Dessert:** Cookie Dough

### FRIDAY

**Meat:** Battered Fish, Chips with Peas or Beans

**Vegetarian:** Vegan Sausage Roll, Chips with Beans or Peas

**Dessert:** Chocolate Cracknell

## WEEK 2

### WEEK COMMENCING

02.03.26, 23.03.26, 27.04.26, 18.05.26, 15.06.26 06.07.26

### MONDAY

**Meat:** Mediterranean Chicken Orzo with Carrots & Sweetcorn

**Vegetarian:** Home Made Tomato Pasta Bake with Carrots & Sweetcorn

**Dessert:** Sprinkle Cake

### TUESDAY

**Meat:** Beef Burger, Oven Wedges & Salad

**Vegetarian:** Vegi Hotdog, Oven Wedges & Salad

**Dessert:** Strawberry Cheese Cake

### WEDNESDAY

**Meat:** Roast Pork, Herby New Potatoes, Stuffing, Leek, Cauliflower with Gravy

**Vegetarian:** Summer Vegetable Tart, Herby New Potatoes, Leeks, Cauliflower with Gravy

**Dessert:** Chocolate Chip Muffin

### THURSDAY

**Meat:** Beef Lasagne, Garlic Bread with Sweetcorn

**Vegetarian:** Caramelised Courgette Pasta & Crispy Crumb Mozzarella with Green Beans

**Dessert:** Rhubarb Oaty Crumble

### FRIDAY

**Meat:** Pepperoni Pizza with Chips & Salad

**Vegetarian:** Cheese & Tomato Pizza with Chips & Salad

**Dessert:** Cherry Bakewell

## WEEK 3

### WEEK COMMENCING

09.03.26, 13.04.26, 04.05.26, 01.06.26, 22.06.26, 13.07.26

### MONDAY

**Meat:** One Pot Spanish Style Chicken, Peppers, & Mixed Grain

**Vegetarian:** Vegan Sausage & Maple Vegetables

**Dessert:** Banana Cake

### TUESDAY

**Meat:** Chicken Fajitas Wraps & Salad

**Vegetarian:** Vegetable Spring Roll, Chinese Style Rice & Salad

**Dessert:** Chocolate & Beetroot Brownie

### WEDNESDAY

**Meat:** Roast Beef, Potato & Swede Mash, Honey Glazed Parsnips, Carrots Yorkshire Pudding with Gravy

**Vegetarian:** Quorn Roast, Potato & Swede Mash, Honey Glazed Parsnips, Carrots, Yorkshire Pudding with Gravy

**Dessert:** Biscoff Rocky Road

### THURSDAY

**Meat:** Panfried Beef Thai Noodle Salad

**Vegetarian:** Honey Roast Carrot & Mozzarella Tatin

**Dessert:** Goopy Orange Pudding

### FRIDAY

**Meat:** Fish Fingers, Chips with Beans or Peas

**Vegetarian:** Vegetable Fingers Chips & Salad

**Dessert:** Speculoos Cake