

PARKSIDE MIDDLE SCHOOL HELP AND SUPPORT FOR FAMILIES OFFER

Dated: September 2025

Review date: September 2026

Headteacher		
Chair of Governor	'S	

Embrace Opportunity. Nurture Success. Inspire Futures



Parkside Middle School

Help and Support for Families Offer

At Parkside Middle School, we understand that growing up can come with challenges — for both children and their families. Our Help and Support for Families Offer is not a service, but an approach. It's our way of working with families to provide early support and guidance when it's needed most.

Our Aim

We aim to:

- Promote the safety, wellbeing, and resilience of all children and their families.
- Provide the right support as soon as concerns arise.
- Ensure every child can be safe, healthy, and reach their full potential.

How We Can Help

We're here to support families who may be experiencing challenges such as:

- Managing routines or setting family rules.
- Healthy eating and lifestyle concerns.
- · Children who are young carers.
- School attendance worries.
- Special educational needs (SEND).
- Disability within the family.
- Behaviour concerns or risk of involvement in anti-social or criminal behaviour.
- · Alcohol or drug misuse within the family.
- Mental health concerns in the home.
- Conflict between parents (whether together or separated).
- Children at risk of exploitation, grooming, or extremist influences.
- Children in informal care arrangements (e.g. private fostering).

Our Approach

We use a graduated response — offering universal support for all families, and targeted help when more specialist support is needed. This means:

- Listening to families early on.
- Working closely with community partners.
- Preventing small concerns from becoming bigger problems.

You're Not Alone

Every family needs a little help at some point. Please don't hesitate to talk to us. Together, we can find the right support for you and your child.

The diagram below shows the range of needs at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.



Key Personnel

We have a team of individuals who work together to ensure all children at our school are kept safe and that their needs are effectively met.

The Designated Safeguarding Lead (DSL) is Mrs R Jenkin, Senior Deputy Headteacher. Mrs Jenkin is also a Thrive and Trauma Informed Practitioner.

Email: office@parkside.worcs.sch.uk

Telephone: 01527 873660

Our Deputy Designated Safeguarding Leads (DDSLs) are:

Mrs N Miarowska (Assistant Headteacher, Wellbeing, SMH Lead & Thrive)

Mrs K Varley (Welfare Manager and Thrive Practitioner)

Email: office@parkside.worcs.sch.uk

Telephone: 01527 873660

Mrs Moffatt and Miss Harper have also received DDSL training.

Our SENDCo is Mrs M Moffatt

Email: office@parkside.worcs.sch.uk

Telephone: 01527 873660

Our Deputy SENDCo is Mrs E Dallaway

Email: office@parkside.worcs.sch.uk

Telephone: 01527 873660

Mrs K Varley is our Welfare Manager and Thrive Practitioner.

Mrs L Ellis is our Wellbeing Support Officer and Trauma Informed Practitioner.

Miss L Harper is our Attendance Officer.

The nominated safeguarding governor is: Mrs H Townsend

Email: clerktogovernors@parkside.worcs.sch.uk

Telephone: 01527 873660

The Headteacher is: Mrs N Mancini

Email: head@parkside.worcs.sch.uk

Telephone: 01527 873660

The Chair of Governors is: Mrs C Blincoe

Email: clerktogovernors@parkside.worcs.sch.uk

Telephone: 01527 873660

Parkside Middle School - Our Prevent Duty

At Parkside Middle School, keeping children safe from harm is our highest priority. As part of our wider safeguarding responsibilities, we follow the Prevent Duty, which is a government strategy to help protect children and young people from the risk of radicalisation and extremism.

What is the Prevent Duty?

The Prevent Duty is a legal requirement for schools and other public bodies under the Counter-Terrorism and Security Act 2015. It aims to:

- Tackle the root causes of terrorism.
- Identify and support individuals who may be vulnerable to radical or extremist views.
- Help rehabilitate those who may have been involved in extremist activity.

Just like we safeguard children from other risks such as gangs, drugs, or exploitation, Prevent ensures we remain alert to risks linked to extremist ideologies and radicalisation.

How We Keep Pupils Safe

- All staff receive Prevent training, with annual refresher sessions to stay updated.
- We follow the safeguarding approach:
 - o **NOTICE** being alert to signs or changes in behaviour
 - o CHECK discussing concerns with our safeguarding team
 - SHARE making referrals when necessary to keep children safe

What We Teach Our Pupils

We help children build resilience to extremist views by promoting:

• British Values such as democracy, individual liberty, and mutual respect.

- Respect and tolerance of different faiths and beliefs.
- A sense of belonging and community.
- Critical thinking skills through discussion of current events in a safe, age-appropriate way.

These values are taught through:

- Our RE and PSHCE curriculum
- Assemblies
- Whole-school initiatives and themed weeks
- · Celebrations of diversity and culture

Working Together to Keep Children Safe

Our safeguarding policies and procedures meet the requirements of Section 26 of the Counterterrorism and Security Act 2015.

We work with families, external agencies, and the wider community to ensure any concerns are dealt with swiftly and appropriately.

Who should I contact if I have a concern?

For high risk PREVENT enquiries or emergencies – Tel: 999

For low risk or non-emergencies, speak to the school's Designated Safeguarding

Lead, Mrs Jenkin, on 01527 873660.

You can also call 101 (ask for the Local Policing Team) or the Anti-Terrorist hotline on 0800 789 321.

The following sources may also be useful for further information:

Prevent duty guidance for England and Wales, HM Government

- Prevent Duty Guidance for England and Wales HM Government
- Educate Against Hate
- South West Grid for Learning (SWGfL)

Key terms:

- Extremism vocal or active opposition to fundamental British values such as democracy, the rule of law and tolerance of different faiths and beliefs.
- Ideology a set of beliefs
- Terrorism a violent reaction against people or property, designed to create fear and advance apolitical, religious or ideological cause.
- Radicalisation the process by which a person comes to support extremism and terrorism.

Child Sexual Exploitation (CSE)

At Parkside Middle School, keeping your child safe is at the heart of everything we do. One of the serious safeguarding concerns we are trained to identify and respond to is Child Sexual Exploitation (CSE).

What is CSE?

CSE is a form of child sexual abuse. It occurs when a child or young person (under 18) is manipulated, coerced, or deceived into sexual activity by someone taking advantage of a position of power or trust.

This abuse often occurs in exchange for:

- Gifts
- Money
- Drugs or alcohol
- Attention or affection

CSE can take place:

- In person
- Online
- Or both such as through social media, messaging apps, or online gaming platforms.

How We Protect Pupils at Parkside

- All staff are trained to recognise the signs of CSE and to respond swiftly.
- We use a recognised CSE Screening Tool when there are concerns, which helps us assess the level of risk and decide on the next steps.
- Our school works closely with safeguarding professionals, external agencies, and families to ensure children are protected and supported.

What to Look Out For (as a Parent/Carer)

You know your child best. Please speak to us if you notice any of the following changes:

- Unexplained gifts, money, or new possessions
- Secretive behaviour or changes in friendship groups
- Sudden changes in mood or withdrawal behaviour
- Spending more time online or being secretive about online activity
- Going missing or being out late without explanation
- Older friends or relationships that seem inappropriate

We're Here to Help

If you have any concerns about your child or another pupil, please speak to a member of our safeguarding team. All concerns are taken seriously and handled sensitively.

Together, we can help keep children safe from harm.

Responding to child sexual exploitation

To report concerns:

If you think a child is in immediate danger, contact the police on 999. If you're worried about a child but they are not in immediate danger, you should share your concerns.

- Please contact Mrs Jenkin, the Designated Safeguarding Lead if you wish to report a concern. The school will follow their Safeguarding and Child Protection procedures.
- Contact the NSPCC Helpline on 0808 800 5000 or by emailing help@nspcc.org.uk.
 You will be provided with an opportunity to talk through your concerns and offered advice.

Useful Resources:

NSPCC - Understanding Child Sexual Exploitation

Barnardo's - Support for Parents & Carers

The Children's Society - Preventing CSE

Child Criminal Exploitation (CCE)

At Parkside Middle School, we are committed to protecting all our pupils from harm, including the risks of criminal exploitation.

What is Criminal Exploitation?

Criminal exploitation is a form of child abuse. It happens when children or young people are manipulated, coerced, or forced into committing crimes, often by older individuals or gangs.

This may include:

- Carrying or dealing drugs (often linked to "county lines")
- Stealing
- Carrying weapons
- Running errands or moving money for criminals

Children may be:

- Threatened or physically harmed
- Promised money, protection, or a sense of belonging
- Put in dangerous or illegal situations

Even if a child appears to be acting willingly, they are being exploited if someone is taking advantage of them.

How We Safeguard Pupils at Parkside

- All staff are trained to recognise the signs of criminal exploitation.
- We provide a safe and supportive environment for pupils to speak up.
- If we suspect a child is at risk, we take swift action and work with local safeguarding partners, including the police and children's services.

Signs to Watch For (as a Parent/Carer)

You may notice:

- Sudden changes in behaviour or unexplained anger/anxiety.
- Going missing from home or school.
- Unexplained money, new clothes, or possessions.
- Increased secrecy, especially about online activity or new friendships.
- Carrying or talking about weapons.
- · Involvement with older individuals or gangs.

We're Here to Help

If you are worried about your child or another pupil, please speak to our safeguarding team. We will listen, support, and act to keep children safe.

No child should be put in danger or made to feel they have no way out.

Useful Resources:

NSPCC - Understanding Child Sexual Exploitation

Barnardo's - Support for Parents & Carers

The Children's Society - Preventing CSE

Female Genital Mutilation

At Parkside Middle School, the safety and wellbeing of every child is our top priority. One serious safeguarding concern we are trained to recognise and respond to is Female Genital Mutilation (FGM).

What is FGM?

FGM involves the partial or total removal of external female genitalia for non-medical reasons. It is a criminal offence in the UK and a serious form of child abuse.

FGM has no health benefits and can lead to severe physical and emotional harm, both in the short and long term.

How We Safeguard Pupils

- All staff have received training on FGM, including how to:
 - o Recognise warning signs a child may be at risk.
 - Understand the cultural contexts where FGM may be practised.
 - o Identify high-risk times, such as travel abroad during school holidays.
 - Know what to do and who to inform, in line with our safeguarding procedures.
- Staff are also aware of specific countries and areas within the UK where girls may be at higher risk of being taken to undergo FGM.

What to Watch For (as a Parent/Carer or Trusted Adult)

Signs a child may be at risk of or may have undergone FGM include:

- Talking about a special ceremony or trip abroad.
- Anxiety, withdrawal, or sudden change in behaviour.
- Difficulty sitting or walking.

- Extended trips during school holidays, especially to countries with known FGM practices.
- Family history of FGM.

We Take Every Concern Seriously

If a staff member suspects a child is at risk of FGM or has already been subjected to it, they will make an immediate safeguarding referral, following our school procedures and legal duties.

If you have concerns or would like to speak to someone in confidence, please contact our safeguarding team. We are here to help.

Useful Information:

- RCOG FGM Patient Information Leaflet (PDF)
- UK Government FGM: The Facts (PDF)

Online Safety

Today's children are growing up in a digital world, where the online and offline worlds are closely linked. While the internet offers exciting opportunities for learning, creativity and connection, it also presents potential risks. At Parkside Middle School, we are committed to equipping our pupils with the knowledge and skills to stay safe, respectful and responsible online.

Our Approach

Online safety is embedded across the curriculum in a way that is age-appropriate, relevan to everyday learning. It forms a key part of:

- Relationships Education
- Relationships and Sex Education (RSE)
- Health Education
- Citizenship
- Computing

What We Teach

Our pupils learn to:

- Recognise healthy, respectful online relationships.
- Understand how online actions affect others.
- Show respectful and kind behaviour when using technology.
- Identify online risks and know where to go for help and support.

Through our **Computing Curriculum**, pupils are taught:

- How to use technology safely, responsibly, and securely.
- How to protect their personal information.
- How to deal with inappropriate content or contact.
- How to report concerns confidently.

As pupils progress through school, the content evolves to reflect the changing risks they may face online.

Broader Learning in PSHCE

Our PSHCE curriculum supports online safety by helping pupils explore:

- Freedom of speech.
- Rights and responsibilities in both the digital and real world.
- The role of the media in shaping views and opinions.
- The importance of democracy and respectful communication.

We work hard to prepare our pupils for life in a connected world — empowering them to enjoy the benefits of technology while staying safe and making good choices.

Website Support:

- National Crime Agency's Click CEOP reporting service
- Childline
- Internet Watch Foundation
- Action Fraud
- Advertising Standards Authority

Safeguarding Training and Early Support at Parkside Middle School

At Parkside Middle School, safeguarding is everyone's responsibility. We ensure all staff are fully trained and up to date so they can protect and support our pupils effectively.

Staff Training

- All staff receive annual safeguarding and child protection training, which includes key areas such as:
 - Online safety
 - The use of filtering and monitoring systems
 - Understanding their roles and responsibilities in keeping children safe
- In addition to formal training, staff receive regular updates throughout the year via:
 - Emails and bulletins
 - Staff meetings and briefings
 - o Ongoing CPD (Continuing Professional Development) opportunities
- New staff receive comprehensive safeguarding training as part of their induction, with regular follow-up sessions during the academic year.

Working Together to Support Pupils and Families

Our staff don't work in isolation — we take a joined-up approach to supporting children.

- The Parkside team meets regularly to discuss the needs of pupils and their families.
- Early signs of concern raised by teachers, parents/carers, or other professionals are reviewed quickly.
- When needed, we carry out an assessment for Help and Support for Families to ensure the right help is offered at the right time.

Inclusion and Curriculum Team Reviews

- Our Inclusion Team and Curriculum Team meet every half term to review each child's academic progress, wellbeing, and any additional support needs.
- This allows us to act early and tailor support for each individual child.
- At Parkside Middle School, we are committed to creating a safe, supportive, and inclusive environment for every pupil. Our proactive safeguarding culture means we're always looking ahead to identify and meet children's needs early.

• If you have any concerns or questions about safeguarding or support, please contact our Designated Safeguarding Lead (DSL) or a member of our safeguarding team

Attendance at Parkside Middle School

At Parkside Middle School, we place great importance on excellent attendance. Regular attendance is key to ensuring pupils make good progress, enjoy school life, and achieve their full potential.

Promoting Outstanding Attendance

- We actively encourage and celebrate outstanding attendance.
- Pupils are recognised and rewarded for their commitment to attending school regularly.

Working Together to Support Attendance

- Where we have concerns about a pupil's attendance, we will contact parents or carers promptly.
- A meeting will be arranged to discuss any issues and work together to find positive solutions
- Our aim is always to support families and remove any barriers to regular school attendance.

If you have any concerns about your child's attendance or would like to discuss support, please contact the school office or your child's Head of Year. We're here to help.

Behaviour and Early Help at Parkside Middle School

At Parkside Middle School, we believe that high expectations and positive behaviour are essential for pupils to thrive. A calm, respectful and supportive school environment allows all children to achieve their full potential.

The Parkside Standard

We promote a shared understanding of expectations through *The Parkside Standard*. All pupils are encouraged to follow these five key principles:

- 1. We will keep ourselves and each other safe.
- 2. We will work as a team, always showing politeness, kindness, and respect.
- 3. We will always try our best and take pride in everything we do.
- 4. We will be prepared and organised for the school day.
- 5. We will wear the correct uniform with pride.

These values are the foundation of our school culture.

Promoting Positive Behaviour

We focus on encouraging positive behaviour through:

- A carefully planned curriculum that engages and challenges pupils.
- Effective classroom management and positive adult role-modelling.
- A clear whole-school behaviour management plan based on:
 - o Rules clear expectations for all.
 - Recognition celebrating and rewarding positive behaviour.
 - o Consequences fair and consistent responses to inappropriate behaviour.
- Supportive playtime and lunchtime provision, including clubs and structured games.
- Personalised support programmes and work with external agencies, when needed.

Early Help and Support for Families

At Parkside, we understand that some children and families may need extra support at different times. All staff are trained in our Help and Support for Families approach, which reflects the national guidance from *Keeping Children Safe in Education (KCSIE)*.

Our Early Help approach ensures we act quickly and sensitively when a child may be in need. Staff are particularly alert to pupils who may be at greater risk, including those who:

- Have disabilities or additional needs
- Have Special Educational Needs (SEN), with or without an EHCP
- Are young carers
- · Are showing signs of anti-social or criminal behaviour
- Frequently go missing from home or care
- Are involved in or at risk of substance misuse
- Are at risk of exploitation, trafficking, or modern slavery
- Live in households with domestic abuse, adult mental health, or substance misuse
- Have recently returned home from care
- Are showing signs of neglect or abuse
- · Are at risk of radicalisation
- Are privately fostered

Through regular inclusion and curriculum team meetings, we review each child's progress and wellbeing, ensuring timely intervention when concerns arise.

If you have concerns about your child or believe your family may benefit from additional support, please contact our Safeguarding or Pastoral Team. We are here to help.

Early Help and Support at Parkside Middle School

At Parkside Middle School, we understand that every family may need a little help at some point. Our goal is to offer early, meaningful support before challenges become more significant.

We believe that providing the right support at the right time can help prevent problems from becoming more serious. Our staff are fully trained in the local Early Help process and understand their role in identifying and responding to pupils' needs.

Our Early Help Approach

We use early assessments to identify the most appropriate interventions, whether those needs are educational, emotional, or social.

We support our pupils in many ways, including:

- Providing a safe, calm space for pupils to take time out when upset or overwhelmed.
- Offering support and counselling for issues such as friendship problems, low selfesteem, eating disorders, bereavement, self-harm, or family difficulties.
- Referring to external specialist agencies such as:
 - School Nurse
 - Touchstones
 - Primrose Hospice
 - o Children's Services
 - Help and Support for Families
- Meeting with pupils and their parents/carers to discuss any concerns.
- Helping pupils develop problem-solving skills and emotional resilience.
- Addressing uniform issues or other school-based barriers discreetly and supportively.
- Finding practical solutions to minor issues that affect learning.

Creating a Safe, Supportive Culture

We encourage all children to speak openly about their worries and feelings. They can:

- Talk to any trusted adult.
- Speak directly to Mrs Varley (Welfare Officer) or Mrs Ellis (Wellbeing Support Officer).
- Use the share boxes in every classroom if they prefer to share concerns anonymously.

Through our Thrive approach, children are supported in:

- Understanding and expressing their emotions.
- Building strong relationships.
- Developing confidence and resilience.

We also use children's questionnaires to check whether pupils feel happy and safe at school. Any pupil who indicates otherwise is offered support quickly and sensitively.

Online Safety and Local Safeguarding

At Parkside Middle School we are committed to preparing pupils for life in a connected world. We ensure that children understand how to stay safe online and that we respond swiftly to any safeguarding concerns in the wider community.

- All pupils take part in Online Safety units as part of the curriculum.
- Pupils receive additional guidance through assemblies, intervention workshops, and our Social Awareness Day.
- Our local Police Community Support Officer (PCSO) leads assemblies on topics such as Online Safety and Stranger Danger.
- We work closely with the police and local services to address any contextual safeguarding concerns in the community.

Pupil Voice and Peer Support

We place great value on pupil voice. During all pupil surveys or learning walks, we always ask:

"Are you happy?" and "Do you feel safe?"

Our pupil-led teams include:

- Prefects
- Agents for Change
- Wellbeing Champions
- Thrive Ambassadors
- Peer Mentors

These pupils receive special training so they can help support their peers and promote wellbeing across the school.

Working in Partnership

We work closely with a wide range of professionals and agencies, including:

- Children's Social Care and Community Social Workers
- Healthcare professionals (e.g. GPs, paediatricians, School Nurse)
- Educational Psychologists
- Police and Local Authority Services

- Virtual School for Looked After Children
- Bereavement Services
- Young Carers support groups
- Redditch Borough Council's RESPECT and Youth Support Programmes

If you feel your child may benefit from additional support, or if you're facing challenges at home, please don't hesitate to contact our school. We're here to help — early support can make a lasting difference.

At Parkside Middle School, the child is always at the centre of every decision we make. We follow the guidance set out in "Working Together to Safeguard Children" to ensure we meet our safeguarding roles and responsibilities effectively.

You can read more about this guidance here: Working together to safeguard children - GOV.UK

Communication & Support

If you have any worries or concerns about your child, we encourage you to get in touch. Our staff are always willing to listen and support you.

You can arrange an appointment by contacting the school office:

Telephone: 01527 873660

• Email: office@parkside.worcs.sch.uk

We are here to help and will respond promptly.

Help and Support for Families

When support is provided early and effectively, it helps prevent issues from becoming more serious or reaching crisis points.

At Parkside, we offer a wide range of in-school interventions tailored to children's needs. These include:

- Building self-esteem.
- Providing a safe space to talk.
- Emotional and social support.

Our interventions are delivered by designated staff trained specifically to meet children's individual needs. If you think your child may benefit from extra support or simply want to talk about any concerns, please do get in touch. Together, we can help your child thrive.

Overview of Support available 2025/26

Support available to pupils and families	Mrs Ellis and Mrs Varley offer wellbeing and welfare support. They work 1:1 with children, or with small groups and can signpost parents/carers to receive the correct help.
	Mrs Miarowska offers 1:1 Thrive Intervention and family Thrive. She is also our Senior Mental Health Lead and can support your child with their Mental health.
	Mrs Jenkin offers 1:1 support to pupils experiencing trauma.

SEND support	Our SENDCo, Mrs Moffatt, works with children and families with additional needs and can signpost parents/carers to many different agencies including for example, Speech and Language Therapists, Educational Psychiatrists, health workers and Occupational Health Services. CAMHS can support children who need support for mental health needs. CAMHSCAST workers provide outreach support to schools and parents / carers.
Robust safeguarding	Our Designated Safeguarding Lead, Mrs Jenkin and Mrs H Townsend (Safeguarding Governor) ensure rigorous and robust systems are in place within the school to ensure the safety of all our children.
	At Parkside Middle School, we always act in the interest of the child. The school works with Children's Services to support families. If the school are concerned, we will contact the Family Front Door at Children's Services.
Safety Online	Our Head of Computing, Mr Ricketts, offers personalised online safety intervention to pupils and support sessions for our families.
Thrive	We are a Thrive School of Excellence and actively promote the social and emotional development of our pupils.
	The school uses the Thrive approach to supporting pupils' emotional wellbeing. Thrive is a therapeutic approach to help support children with their emotional and social development.
	The Thrive approach offers practical strategies and techniques and is built around online assessments which identify children's emotional development and provides action plans for their individual needs. If a pupil is highlighted through the class online screening tool, then they may receive either a 1:1 Thrive intervention or a small group Thrive session. This could be short-term or long-term.
	During whole class Thrive sessions form tutors will work on a detailed action plan which will help to address the needs of the class. The areas of need will be highlighted after the class have been screened using the online tool.
	Mrs N Miarowska is Head of Thrive.
Attachment and Trauma Training	Staff have received training in attachment and the impact of trauma which helps them to support the most vulnerable children
	Mrs Jenkin and Mrs Ellis can help pupils and families who feel that they may benefit from support.
Positive wellbeing	At Parkside Middle School we take children's wellbeing very seriously. We have a Welfare Officer and a Wellbeing Support Officer who support all our pupils.
	The school has named pupils who are 'Wellbeing Champions' who promote positive mental health across the school. We educate our pupils in national awareness days such as World Mental Health Day and hold various

	Inspiration days where we promote positive well-being and teach pupils how best to take care of their mental health.
	In addition, we have a Peer Mentoring system where pupils in Year 8 are 'buddied' with our younger pupils. Peer mentoring has been shown to be an effective intervention for mental health support in schools. A study by the University of Sussex found that peer mentors had a positive impact on the mental health of both the mentors and the mentees, with benefits including improved self-esteem, increased empathy, and reduced anxiety levels. Peer mentoring can also help to build resilience and coping skills in young people.
	The Peer Mentor Lead is Mrs Persich.
	The school has a Senior Mental Health Lead, Mrs Miarowska who supports pupils and staff.
	Mrs Ellis is the school's Wellbeing Support Officer.
Intervention from PCSO and the Community Policing Team	Parkside Middle School is fortunate that we can draw on the support of the local community policing team. Support can be offered in the following areas: Inappropriate use of social media Internet safety Anti-social behaviour PREVENT The school has positive links with the local community police and the local community housing trust – BDHT.
	We benefit from an in-school Police Cadet Programme which provides our pupils in Year 5 with opportunities to develop their skills, better their understanding of policing and become active citizens within their community.
Operation Encompass	Parkside Middle School participates in the Operation Encompass national project, run locally in partnership with Worcestershire County Council and West Mercia Police. Operation Encompass is a process whereby the police and county council will inform the Designated Safeguarding Lead at Parkside Middle School if a child has experienced a domestic incident. Information sharing between professional agencies allows school staff to provide emotional and practical support to any pupils experiencing domestic abuse.
PSHCE/RSE	Delivery of a high quality PSHCE/RSHE programme across all year groups is integral in adopting a whole school approach to healthy relationships, healthy minds and emotional health.
	Topics include families, relationships, community, conflict resolution, sex education including consent, anxiety and mental health alongside a variety of other topics.
The PMS Safeguarding Curriculum	We plan to constantly challenge our pupils to think deeply about safeguarding matters and their own personal physical and mental well-being. In each year group, we identify opportunities for children to deepen their understanding about safeguarding.
Local Children's Centres and school Nursing Team	Our local Children's Centre offers outreach support and information can be found on the website link below:

Pear Tree Family Hub, Bromsgrove | Worcestershire County Council

The School Nursing Team works closely with Parkside Middle School to offer support and advice to pupils, parents / carers. If you wish your child to be referred to the School Nursing Team, please contact Mrs Jenkin.

Help and Support for Families

If you are experiencing difficulties in your family or are worried about your children, there are people, outside of Parkside Middle School, who can offer help and support.

Difficulties could be for example:

- Mental health problems
- Domestic abuse at home
- Drug or alcohol dependency
- Your child starting school
- Struggling as a lone parent
- Debt problems
- Housing problems

Help and Support for Families support provided by Worcestershire County Council:

<u>Early Help Family Support | Worcestershire County</u> Council

Here you can find advice and guidance to help support your family. If you need more help than your usual support network, for example your health visitor, child's school, doctor or Children's Centre, the family support process can help.

As a school we recognise that early intervention is essential if we are to secure the best outcomes for our Children and their families.

We have an on-site Family Support Worker, Neil Grimshaw, who can work with pupils and their families in school and within their home, offering practical help and emotional support for those families experiencing various problems and difficulties.

Support is provided by:

- Listening.
- Working with other people who could help.
- Finding out about specialist agencies who could help.
- Filling out a Help and Support for Families Assessment and creating a plan.
- Contacting Children's Social Care if a problem is more serious.

Worcestershire County Council Early Help family Support Service:

This service is delivered by Worcestershire County Council directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker.

The Worcestershire Virtual Family Hub	The Worcestershire Virtual Family Hub Worcestershire County Council
	If you need help with paying your household bills, need advice about managing your debt or finances, emotional support or getting back into work please contact Here2Help on 01905 768053 then press option 3. The Here2Help opening hours are Monday to Thursday 9.00am to 5.00pm and Friday 9.00am to 4.30pm. www.worcestershire.gov.uk
Melo	Melo is available to all Children & Young People aged 0-25
Melo provide a welcoming front door and will triage to determine the type of support that is most appropriate including signposting to universal services where that will best meet need.	 and their families who need support to: Address early mental health issues Promote wellbeing Build emotional resilience Melo :: Onside, Worcestershire & Herefordshire
The Front Door to Children's Services	If a member of staff, parent / carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the Family Front Door (FFD) – 01905 822 666 or in an emergency always call 999.
	Family Front Door Worcestershire County Council
	Do not wait to discuss this with the DSL/DDSL but do report it afterwards.
Worcestershire Safeguarding	Worcestershire Safeguarding Boards
Adults Board (WSAB) and Worcestershire Safeguarding Children Partnership (WSCP)	This Safeguarding Worcestershire website provides important information in relation to keeping children safe and avenues of support.
Information about support for parents and carers	Support Parents and Carers Worcestershire County Council
Elected Home Education	Elected Home Education is becoming an increasingly popular option for families in Worcestershire and within the county, there is a growing community that are able to offer each other support.
	A guide to Elective Home Education can be accessed here; Elective Home Education Worcestershire County Council
	Support is available through the Worcestershire Home Educators Network.
	Worcestershire Home Education Network hold meetings usually at least weekly, throughout term time at various locations round the county.

	 Social gatherings occur monthly in North Worcestershire for all ages, with both indoor and outdoor games plus organised activities such as climbing, zip-wires, grass sledging for 8+. Monthly meetings in Worcester with games, music and crafts for all ages. Monthly social meeting in south Worcestershire, including indoor and outdoor games, group music session and a drama group. Bowling or Ice skating most months. "Education group" workshops organised regularly. Recent workshops have included: Marvellous Mosaics' 'Gunpowder plot' 'Medieval life', 'Making Music' and 'Creative Writing. A Worcestershire Home Educators Newsletter (WHEN) that lists all the activities for the coming month and Worcestershire Home Educators Internet support list is available on the following website:
Get Safe	If you are warried about your child and exploitation, contact
Get Sale	If you are worried about your child and exploitation, contact the Get Safe Team
	Get Safe - keeping children and young people safe from criminal exploitation Worcestershire County Council
Online Safety	Online Activity (phones, computers) can be a serious risk to children. The use of technology has become a significant component of many safeguarding issues. Child sexual exploitation, radicalisation, sexual predation – technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits, but we must all be vigilant.
	PACE (parents against child exploitation) UK is a useful website to engage parents/carers with safety issues. https://paceuk.info/
	https://www.thinkuknow.co.uk/parents/
	This is the Child Exploitation and Online Protection (CEOP) Centre. It's a one stop shop for most information about online safety.
	Educate Against Hate
	This is the government website to help parents / carers and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this.
	Keep Children Safe Online: Information, Advice, Support - Internet Matters

A site for helping parents / carers keep their children safe
online.

The Starting Well Partnership offers a range of health Health services which support both children and families experiencing a range of health issues. Starting Well Partnership | Worcestershire | Starting Well (startingwellworcs.nhs.uk) The Starting Well Partnership has delivered public health nursing services for children, young people and families across Worcestershire since April 2020. Led by Herefordshire and Worcestershire Health and Care NHS Trust, the Partnership brings together professionals from Barnardo's, Action for Children, and Redditch Borough Council to support 'parents to be' and their children during the early years and as they move through school towards adulthood. If your child is under 5 years old and you need advice on issues such as feeding, behaviour, or toileting you can (Monday - Friday 9am to 3pm). visits, health needs assessments, time4u drop-in service, school aged hearing and national child measurement

contact the Telephone Advisory Service on 0300 123 9551

School health nurses offer a range of services such as home programme to support the needs of children and their families.

Chat Health is a free and confidential text service for young people in need of advice or support. To confidentially contact your school nurse, text: 07507 331750.

Social Prescribing: Onside Advocacy, Worcestershire Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available.

https://www.onside-advocacv.org.uk/

https://www.onside-advocacy.org.uk/social-prescribing

Mental Health

Some useful self-help guides and leaflets available to access online. The guides are available for you to read online. The self-help guides can be accessed by typing the clicking on the link below and selecting 'Self Help Guides': Search | Herefordshire and Worcestershire Health and Care **NHS Trust**

CAMHS provide mental help to children, young people and their families.

Mental health help to children, young people and their families | School Mental Health (hacw.nhs.uk)

Kooth is an online mental wellbeing community which offers free, safe and anonymous support <u>Digital Mental Health</u>

Care - Kooth plc

Reach4Wellbeing promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people experiencing moderate anxiety and low mood Reach4Wellbeing | School Mental Health (hacw.nhs.uk)

Healthy Minds provides 24/7 support and advice if anyone is experiencing a mental health crisis and needs urgent help Home | Healthy Minds (whct.nhs.uk)

Papyrus can offer suicide prevent support providing free and confidential helplines, advice, web chats and resources

Papyrus UK Suicide Prevention | Prevention of Young

Suicide (papyrus-uk.org)

Samaritans

116 123

(24 hour helpline)

https://www.samaritans.org/

Rethink Mental Illness

0808 801 0525

https://www.rethink.org/

MIND

0300 102 1234

https://www.mind.org.uk/

Anxiety UK

03444 775 774

https://www.anxietyuk.org.uk/

Bullying (including cyberbullying)

Child death/suicide/ prevention If you are concerned your child or a child, you know is being bullied there are several services and useful links which can help you support your child.

In the first instance, if bullying is happening at school, please speak to a member of staff who will be able to help. Our Anti-Bullying is Lead is Mrs Persich.

Cyberbullying is using the internet, email, online games or any digital technology to threaten, tease, upset or humiliate someone else.

If the police consider a message or post to be potentially criminal, they will take appropriate action. This could involve arresting the person responsible or interviewing them with

caution. Cases involving sustained abuse or where someone's life is threatened will be treated seriously. The police will consider all of the circumstances when considering the best response to a report of cyber bullying. They will assess how vulnerable the victim is and what resources are required to trace the offender via social networking sites that often operate abroad and to different legislation. In certain cases, it may be difficult to take action if the offender isn't in the UK. They will work with the victim to bring about the most suitable and proportionate conclusion. this will include alternative options that include the officer in the case using their discretion and working with the offender to record an apology to the victim. **Useful links:** Childline https://www.childline.org.uk/ KidScape provides resources and information on issues surrounding bullying, online and personal safety. They can be used directly by young people and parents / carers, as well as in the classroom within schools and youth organisations. Kidscape | Resources & Publications Barnardos | Online-safety **Educate Against Hate** NSPCC | Online-safety/sexting-sending-nudes Hollie Guard - A personal https://hollieguard.com/ safety APP for children and teenagers Hollie Guard is an app that can be used to keep an eye on your children while they're traveling to and from school with the 'Journey' feature. Teens can get help guickly while out with friends. Parents, carers and caregivers are automatically contacted by both SMS and email. Hate Crime A hate crime is a criminal offense whose motivation can be shown to be race, national origin, religion or sexual orientation. A difference of race alone is NOT sufficient to make it a hate crime. There would have to be evidence of racial slurs or racial statements in addition to the crime (this does not trivialise other serious offenses that are NOT hate crimes). **Hate Crime:** West Mercia Police: Email: contactus@westmercia.police.uk

	Emergency number: 999
	Non-Emergency number: 101
	Educate Against Hate Parents Information
Relationships	The following services and links offer information, advice and intervention on healthy relationships for your family and children:
	Healthy relationships NSPCC
	Harmony at Home Worcestershire County Council
	The Worcestershire Virtual Family Hub Worcestershire County Council
	Childline Info-advice/friends-relationships-sex
	<u>Disrespect NoBody campaign - GOV.UK (www.gov.uk)</u>
	How to Talk to Children About Sex & Safety NSPCC NSPCC
Children with disabilities team (CWD)	The Children with Disabilities (CwD) Social Work Team provide services designed to meet the needs of children and young people who have complex disabilities. Social care support for children with disabilities Social care support for children with disabilities Worcestershire County Council The CwD Social Work Team is one of a range of services that can provide support to children and young people with disabilities and their families. Other services available are those provided by health, education, play and youth services as well as community resources provided by voluntary agencies. The CwD team offer services to those children and young people requiring additional resources in respect of their disability, where the disability has a profound impact on the child or young person's life. An assessment will be offered where the child has a condition which is substantial, long lasting or permanent, is a physical and/or learning disability or a life limiting, life threatening condition. These may include: Severe learning disabilities Severe developmental delay in motor and or cognitive functioning Profound multiple disabilities Severe sensory impairment (registered blind and/or
	 Complex and severe health problems that arise from the disability, that are life threatening, degenerative illness or organic disorder resulting in severe disability. A diagnosis of Autistic Spectrum Condition with an associated learning disability and where the condition severely affects day to day functioning.

SEND Local Offer | Worcestershire County Council

<u>SENDIASS Worcestershire and Herefordshire</u> (hwsendiass.co.uk)

SEN Services and Support Groups

https://autismwestmidlands.org.uk/

A support group for young people aged 16-24 with Asperger's Syndrome in the Malvern Hills area.

Autism in Worcestershire

ASPIE is a social self-help and motivation group for adults with Asperger's Syndrome. We provide a centre in Worcester where Aspies feel welcome and accepted.

<u>Pear Tree Family Hub, Bromsgrove | Worcestershire</u> County Council

Your local Children's Centre.

- Community Paediatric Service is concerned with developmental delay and learning disability. Motor difficulties such as Cerebral Palsy and Muscular Dystrophy. Neuro-developmental conditions including ADHD and ASD; complex behavioural difficulties, sensory impairment, statutory medical and educational assessments (The Community Paediatric Service South Worcestershire, The Community Paediatric Service Wyre Forest and The Community Paediatric Service Redditch and Bromsgrove)
- Council for Disabled Children

A host of useful leaflets on SEND issues many in easy read format to help children understand.

<u>Disability Information Advice Line (DIAL)</u>
 Worcestershire

Website of the disability advice line South Worcestershire; local info on: mobility, benefits and finance, carers support and respite, Community and Voluntary Support, Disabled Children's Services, education and employment; health, housing, independent living, Learning Disabilities, legal support, leisure and holidays, mental health, mobility and aids to daily living and Older People's Services.

 Dyslexia, find out more from the <u>Worcestershire</u> County Council | Parent Support Workshops

	<u>Talk to FootSteps</u>
	Support for bereaved children and their families in Worcestershire.
	Learning disability service Worcestershire County Council
	We work with people with learning disabilities, their families and the people who support them.
Substance Misuse	Cranstoun
	Cranstoun provides services and programmes for adults and young people who need support addressing their use of alcohol and other drugs, domestic abuse, housing and those in contact with the criminal justice system. Whether you need community-based outreach, help to reduce harm, treatment and recovery services or support for yourself or for others, you can rely on Cranstoun. Cranstoun Help-and-advice

Useful information for school staff/professionals		
DDNs (Dangerous Drug Networks)	DDN's are drug dealing gangs who target vulnerable people in order to set up drugs distribution networks.	
	These criminals are using extreme violence to establish a presence, displacing an existing drug supply chain and intimidating rivals, witnesses and victims, this has resulted in local murders.	
	DDN's exploit vulnerable teenagers to become drug runners for their network. Early intervention and intelligence are key to safeguard and protect the vulnerable.	
	Drug use Worcestershire County Council	
	Worcestershire - Cranstoun	
	Worcestershire Here4YOUth - Cranstoun	
Child Criminal Exploitation (County Lines)	Here is some guidance for frontline professionals on dealing with county lines, part of the government's approach to ending gang violence and exploitation:	
	Gov.uk Criminal-exploitation-of-children-and- vulnerable-adults-county-lines	
	Children who are trafficked, exploited or coerced into committing crimes are victims in need of safeguarding and support. Though perceptions are altering these young people are still often criminalised and perceived as having 'made a choice' to take part in illegal activity.	
	Catch-22 child-criminal-exploitation	
Child Sexual Exploitation (CSE)	Key facts about CSE	
	 It affects both girls and boys and can happen in all communities. Any young person can be targeted but there are some particularly vulnerable groups: Looked After Children, Children Leaving Care and Children with Disabilities. Victims of CSE may also be trafficked (locally, nationally, and internationally). Over 70% of adults involved in prostitution were sexually exploited as children or teenagers. Sexual violence or abuse against children represents a major public health and social welfare problem within UK society, affecting 16% of children under 16. That is approximately 2 million children. 	
	Documents	
	Guidance-App-Language-Toolkit.pdf	

Child Sexual Exploitation: Definition and a quide for practitioners (GOV.UK website, opens in a new window) WSCB Multi-agency Child Sexual Exploitation **Pathway** WSCB CSE self assessment tool and guidance Making a referral The Local Authority has a duty to make enquiries where a child may be suffering harm or neglect. If you think that a child may be at risk then you can let us know via the referral form linked below. **Useful Websites** Barnardo's spot the signs: Advice for parents, professionals and young people on the signs of sexual exploitation and how to keep safe Department for Education (Gov.uk) National Action Plan for Tackling Child Sexual Exploitation Parents Against Child Sexual Exploitation Pace is the leading national charity working with parents and carers whose children are sexually exploited. NSPCC definitions, statistics, facts and resources about CSE. NWG Network: Fighting against CSE and working to inform, educate and prevent child sexual abuse within the UK. Domestic violence Here is a very helpful website for what do to in many different difficult situations: Doemstic Abuse Support - Worcestershire West Mercia Women's Aid: 0800 980 3331 helpline@wmwa.org.uk **Further reading** Controlling or Coercive Behaviour in an Intimate or Family Relationship Statutory Guidance Framework (GOV.UK website, opens in a new window) Multi-agency Statutory Guidance for the Conduct of Domestic Homicide Reviews (GOV.UK website, opens in a new window) Worcestershire Domestic Abuse Strategy 2022 - 2025 Teenage relationship abuse Crush CRUSH is an awareness raising and support programme to help young people make safe and healthy relationships. The sessions are run in small groups and are specifically designed for 13 -19 year olds.

	,
	Children and Young People Services West Mercia Women's Aid
Fabricated and induced illness (FII)	Fabricated or induced illness (FII) is a rare form of child abuse. It occurs when a parent or carer, exaggerates or deliberately causes symptoms of illness in the child.
	NHS Fabricated-or-induced-illness
Faith abuse	Faith and belief-based child abuse, including practices around 'spirit possession' and 'witchcraft', is a hidden crime, which makes it difficult to quantify in terms of magnitude. However, from our own experience and in consultation with communities, we know this kind of abuse is under-reported.
	Gov UK national-action-plan-to-tackle-child- abuse-linked-to-faith-or-belief
	Further contacts for advice can be found from the local representatives for some faiths.
	 An Exploration of Knowledge About Child Abuse Linked to Faith or Belief (2016) National Action Plan to Tackle Child Abuse Linked to Faith or Belief (2012) Safeguarding Children from Abuse Linked to a Belief in Spirit Possession (2007) this good practice guidance is archived but still available. Eleanor Stobart report 2006: Child Abuse Linked To Accusations of Possession And Witchcraft (2006) Unicef study report: Children Accused of Witchcraft AFRUCA: Africans Unite Against Child Abuse

Honour based violence (HBV)	'Honour' based violence (HBV) occurs when perpetrators believe a relative or other individual has shamed or damaged a family's or community's 'honour' or reputation (known in some communities as izzat), and that the only way to redeem the damaged 'honour' is to punish and/or kill the individual. 'Honour' based violence is a term that is widely used to describe this sort of abuse however it is often referred to as so called 'honour' based violence because the concept of 'honour' is used by perpetrators to make excuses for their abuse.
	There is a very strong link between 'honour' based violence, forced marriage and domestic abuse. The term 'Honour Based Violence' is the internationally recognised term describing cultural justifications for violence and abuse. Honour Based Violence cuts across all cultures and communities: Turkish, Kurdish, Afghani, South Asian, African, Middle Eastern, Southern and Eastern European for example. This is not an exhaustive list. Where a culture is heavily male dominated, HBV may exist. The police have made it a high priority to help communities fight back to tackle both honour-based violence and hate crime. The 'Honour Network Help line': 0800 599 9247
Female genital mutilation (FGM)	Female Genital Mutilation (FGM) comprises all procedures involving partial or total removal of the external female genitalia. FGM is illegal in the UK and as of October 2015 mandatory reporting commenced. If education staff or other professionals discovers that an act of FGM appears to have been carried out on a girl under 18 years old there is a statutory (legal) duty on teachers for them PERSONALLY to report it to the police. Read NHS UK female-genital-mutilation for NHS information and signs of FGM. Any suspicion of FGM should be referred to the Police and social care.

Forced marriage	UK Forced Marriage Unit fmu@fco.gov.uk Telephone: 020 7008 0151
	Call 999 (police) in an emergency.
	Gov UK stop-forced-marriage for information on Forced Marriage. Visit Home Office website to undertake Forced Marriage e-learning package https://www.gov.uk/forced-marriage .
	GSCB one day Awareness training delivered by Infobuzz www.gscb.org.uk
	Please see 'Multi-Agency Practice Guidelines- Handling cases of Forced Marriage' for more information and detail: Gov UK stop-forced-marriage.
	Prevention Freedom Charity - Aneeta Prem 'But it's not fair' book. A book for teenagers looking at forced marriage from the point of view of school friends of the girl who went to India and didn't come back. This book promotes discussion.
	www.freedomcharity.org.uk The Freedom Charity (UK charity) have a helpline, text facility and app which can be downloaded to help to provide support and protection for victims of abuse, FGM or forced marriage. They can be contacted on tel: 0845 607 0133 or text 4freedom to 88802 or go to the website to download the app from the app page.
Gangs and youth violence	Here is a PDF assisting with Gangs and Youth Gov UK Preventing youth violence and gang involvement v 3_March2015.pdf

iolence-against-women-and-girls-evidence- ary-2018 ation about West Mercia Rape and Sexual : https://www.wmrsasc.org.uk/ ale Genital Mutilation) is violence against
: https://www.wmrsasc.org.uk/
ale Genital Mutilation) is violence against
d girls. Forced marriage and so called ased violence are a violation against human is a high priority area of the national and ace Against Women and Girls Agenda. It is, in issue for young women and girls aged 3 and 30 years.
se SARC (Sexual Assault Referral Centre): 3400
urmindglos.nhs.uk for 'I've been raped or saulted' information.
er Trust is a listening ear, a caring support rmation centre for anyone with any concerning their gender identity, or whose is struggling with gender identity issues. It is might be Transgender, Transsexual or is do not identify with the gender they were it birth or those who are simply unsure. If the Ridgeway, Astwood Bank, B96 6LX is 10505 in the Ridgeway, Astwood Bank, B96 6LX is 10505 in the Ridgeway.
ostering Group - National Fostering Agency ands 21 788 0477
re te means that relatives or friends look after to cannot live with their parents. Visit this more information: tering Worcestershire County Council
gainst Hate - Prevent Radicalisation & is the it website providing information all advice for parents/carers, teachers leaders on protecting children from on and extremism. Ist Hotline: tel 0800 789 321 are Home office: Comparison of the compa

Sexting/Sextortion/youth produced imagery	While it remains very rare for school age children to become involved in extremist activity to the point of committing criminal acts, young people can be exposed to extremist influences or prejudiced views, including via the internet, from an early age. As with other forms of criminality or risk of harm, early intervention is always preferable. Schools, working with other local partners, families and communities, can help support pupils who may be vulnerable as part of wider safeguarding responsibilities. Channel guidance: Channel Duty Guidance: Protecting people susceptible to radicalisation Talking to your child about the risks of sharing nudes NSPCC (NSPCC website)
	Sextortion West Mercia Police (West Mercia Police website)
Children Missing in Education (CME)	Children Missing Education (CME) refers to 'any child of compulsory school age who is not registered at any formally approved education activity eg school, alternative provision, elective home education, and has been out of education provision for at least 4 weeks'. CME also includes those children who are missing (family whereabouts unknown) and are usually children who are registered on a school roll / alternative provision. This might be a child who is not at their last known address and either has not taken up an allocated school place as expected or has 10 or more
	days of continuous absence from school without explanation, or left school suddenly and the destination is unknown.
	This is the link for Children Missing Education on the Worcestershire website: Children missing education Worcestershire County Council
	Contact the Children Missing Education team Email: cme@worcestershire.gov.uk Telephone: 01005 944440
Missing Children and Adults Strategy (Vulnerable children and adults who go missing)	Telephone: 01905 844440 Every year an estimated 200,000 people go missing in the UK. In some cases, missing adults may have made a choice to leave and 'start their lives over again', but the vast majority of missing people, children and adults, are vulnerable and need protection and support.
	The strategy has three key objectives which provide the right foundations for any effective local strategy to tackle this issue:
	Prevention - reducing the number of people who go missing, including through prevention strategies,

	education work and early intervention in cases where children and adults repeatedly go missing.
	Protection - reducing the harm to those who go missing, including through a tailored, risk-based response and ensuring agencies work together to find and close cases as quickly as possible at a local and national level.
	Provision - providing support and advice to missing persons and families by referring them to agencies promptly and ensuring they understand how and where to access help. The police should be informed if any child or adult goes missing. The Missing Children and Adults strategy can then be referred to for further information and help. It is a home office publication (2011).
	Gov UK missing-children-and-adults-strategy
Children with family members in prison	Approximately 200,000 children have a parent sent to prison each year. These children are at risk of poor outcomes including poverty, stigma, isolation and poor mental health.
	NICCO (provides information to support professionals working with offenders and their children to help mitigate the negative consequences for these children. https://www.nicco.org.uk/
	PACT: PACT UK for-children
Children and the court system	Children are sometimes required to give evidence in courts, either for crimes committed against them or for crimes they have witnessed.
	There are two guides to support these children which can be found at GOV.uk (young witness booklet for 5 to 11 year olds) which is a pdf.
	There is also a document called "going to court and being a witness age 12 to 17" which is also found at GOV.uk
	Making family arrangements via court can be stressful and entrench conflict in families. The ministry of Justice has just launched an online dispute resolution service. This can be useful to parents and carers. Got to http://www.gov.uk and search for "get help with arrangements."
Stalking	General Advice: If it doesn't feel right, it probably isn't! Seek support from trusted family / friends. Report to the police and do this early. Keep a diary in a secure location. Screenshot, emails and any other evidence that can be used as evidence.

	 Photograph / video your stalker if safely possible. Tighten security at home, work and on-line. National Stalking Helpline – Suzy Lamplugh Trust For advice and support. The helpline will operate a triage service for local support and make referrals Phone: 0808 802 0300 Website: National Stalking Helpline Suzy Lamplugh Trust
	Paladin: National Stalking Advocacy Service For advice and referral. Phone line: 020 3866 4107 Email: info@paladinservice.co.uk Website: www.paladinservice.co.uk/ Hollie Gazzard Trust https://holliegazzard.org/
Sexual violence and sexual harassment between children in schools and colleges	Here is advice from the WCC webpage: Worcestershire County Council domestic-abuse-support West Mercia Rape and Sexual Abuse Support Centre: https://www.wmrsasc.org.uk/ General enquiries: 01905 611 655 Rape Crisis 24/7 Rape & Sexual Abuse Support Line: 0808 500 2222