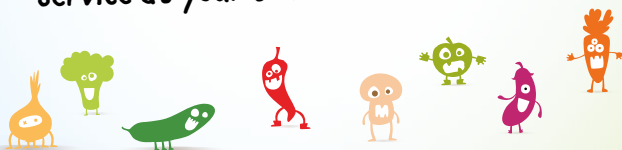


Welcome to BAM FM Ltd, and REGGIE RELISH

and his monstrous
vegetables and other
scarily good foods.
Provider of the catering
service at your school



BAM FM Ltd prides itself on sourcing quality
ingredients for our catering staff to use in our
freshly prepared, nutritionally compliant dishes.

We use fresh seasonal produce where possible, as you
will see reflected in our menus and are proud
of the accreditations earned.

Our menus change to reflect seasonal availability
of foods.

Allergy and dietary requirements will be issued
individually to schools on request.

Menu is subject to change depending
on the availability of ingredients

Reggie makes lunchtimes fun!

He works hard to find the finest of suppliers
and works to the highest standards



We work with:



EHS 521585



PS 83230



BROMSGROVE FIRST & MIDDLE SCHOOL LUNCH

September 2025 - February 2026



FOR MONSTER APPETITES



If you would like further information
on any of our menus or services please
contact us by emailing: dawn.marshall@bam.com

REGGIE LOVES TO HEAR ANY FEEDBACK AND
COMMENTS YOU MAY HAVE FOR HIM

BROMSGROVE FIRST & MIDDLE SCHOOL LUNCH

WEEK 1

WEEK COMMENCING

01.09.25, 22.09.25, 13.10.25, 03.11.25,
24.11.25, 15.12.25, 05.01.26, 26.01.26

MONDAY

Choice 1: Chicken & Spinach Balti Rice, Naan
with Cauliflower & Broccoli

Choice 2: Neapolitan Pasta Bake with Cauliflower & Broccoli

Dessert: Lemon Shortbread

TUESDAY

Choice 1: Tuna & Sweetcorn Fishcake,
Tomato Salsa, Wedges with Beans

Choice 2: Vegan Sausage Rolls, Wedges with Beans

Dessert: Oatie Cookies

WEDNESDAY

Choice 1: Pork, Stuffing, Roast Potatoes, Green Beans,
Carrots with Gravy

Choice 2: Leek & Potato Tart, Stuffing, Roast Potatoes,
Green Beans, Carrots with Gravy

Dessert: Chocolate Chip Brownie

THURSDAY

Choice 1: Beef Lasagne, Garlic Bread with Sweetcorn

Choice 2: Macaroni Cheese Garlic Bread with Sweetcorn

Dessert: Apple & Sultana Crumble and Custard

FRIDAY

Choice 1: Fish, Chips, Peas or Beans

Choice 2: Dirty Fries (Vegetable Chilli & Cheese) with Peas

Dessert: Cherry Flapjack

WEEK 2

WEEK COMMENCING

08.09.25, 29.09.25, 20.10.25, 10.11.25,
01.12.25, 12.01.26, 02.02.26, 23.02.26

MONDAY

Choice 1: Turkey & Leek Stroganoff
with Golden Vegetable Rice

Choice 2: Ratatouille Crumble

Dessert: Crumbly Jammy Traybake

TUESDAY

Choice 1: Tuna Pasta Bake with Sweetcorn

Choice 2: Mexican Vegetable Burrito, Cubed Potatoes
with Sweetcorn

Dessert: Zesty Lemon Squares

WEDNESDAY

Choice 1: Chicken, Stuffing, Mash, Broccoli, Julienne Carrots with Gravy

Choice 2: Vegan Cottage Pie, Broccoli, Julienne Carrots with Gravy

Dessert: Rhubarb, Orange and Ginger Crumble with Custard

THURSDAY

Choice 1: Cottage Pie, Winter Mixed Vegetables with Gravy

Choice 2: Vegetable Tikka Masala with Garlic and Onion Fried Rice

Dessert: Sprinkle Cake

FRIDAY

Choice 1: Sausage Roll, Chips with Peas or Beans

Choice 2: Pizza Baguette, Chips with Peas or Beans

Dessert: Chocolate Flake Slice

WEEK 3

WEEK COMMENCING

15.09.25, 06.10.25, 17.11.25, 08.12.25,
19.01.26, 09.02.26

MONDAY

Choice 1: Pork Meatballs in a Sweet Chilli Sauce,
Coconut Rice with Green Beans

Choice 2: Lentil and Tomato Quiche, New Potatoes with Green Beans

Dessert: Double Chocolate Cake

TUESDAY

Choice 1: Salmon Parcel, Sauté Potatoes with Sweetcorn & Peas

Choice 2: Cauliflower and Broccoli Mornay, Garlic Bread
with Sweetcorn & Peas

Dessert: Mandarin Muffins with Vanilla Buttercream Swirl

WEDNESDAY

Choice 1: Roast Beef, Yorkshire Pudding, Potatoes,
Roasted Parsnips, Cabbage with Gravy

Choice 2: Mushroom and Quorn Crumble, Potatoes,
Broccoli, Julienne Carrots with Gravy

Dessert: Sticky Toffee Pudding with Custard

THURSDAY

Choice 1: Tex Mex Chicken, Pasta with Sweetcorn

Choice 2: Vegetable Samosa with Mixed Vegetable Curry

Dessert: Mixed Fruit Shortbread

FRIDAY

Choice 1: Fish Fingers, Chips with Peas or Beans

Choice 2: Vegan Sausage, Chips with Peas or Beans

Dessert: Chocolate Chip Cookie

FRUIT POTS AND
FRESH FRUIT

WE WILL CATER ON REQUEST
FOR EXTRA DIETARY NEEDS

JACKET
POTATOES

WRAPS SANDWICHES
MADE FRESH DAILY

ALL FOOD PRODUCED
FRESH ON SITE