



**PARKSIDE MIDDLE SCHOOL
HELP AND SUPPORT FOR FAMILIES OFFER
(FORMERLY KNOWN AS THE
EARLY HELP OFFER)**

Dated: September 2023

Review date: September 2024

Headteacher.....

Chair of Governors.....

Embrace Opportunity. Nurture Success. Inspire Futures



Parkside Middle School

Help and Support for Families Offer (formerly known as the Early Help Offer)



The Help and Support for Families Offer at Parkside Middle School is an approach not a service. Help and Support for Families is a pathway to supporting you and your child as they grow up when you or they may need further support or guidance.

Our aim at Parkside Middle School is to promote the safety, well-being and resilience of all children and their families, so that they can be safe, healthy and meet their true potential. Parkside Middle School values every child and nurtures them to enable them to achieve their potential. Our school environment and engaging curriculum provide our pupils with many enrichment opportunities.

Our aim is to offer Help and Support for Families as soon as possible to children and families who require support. Every family has a right to access information to help them manage their lives successfully and guide them to appropriate sources of support. Help can then be agreed as soon as concerns start to emerge.

Help and Support for Families can support children and their families who may be struggling with:

- Routines and family rules.
- Families who may not be eating healthy food.
- Keeping to a healthy lifestyle.
- Children who are caring for a family member.
- Children who may not want to go to school for different reasons.
- Disability within the family including children being a young carer.
- Children in the family who have special educational needs (SEND).
- Children who may become involved in anti-social or criminal behaviour.
- Children who go missing from home.
- Children or parents / carers misusing drugs or alcohol.
- Children at risk of being tricked, forced, or made to work in the criminal world.
- Children who may need support because they may live in a home and see drug or alcohol abuse or adult mental health problems.
- Children who have parents who argue a lot (and sometimes might hurt each, other) whether the parents live together or apart.
- Children at risk of being groomed to join groups which support illegal views.
- A privately fostered child (a child from another family living within your family home).

Providing help and support to our pupils and families at Parkside Middle School means we can improve outcomes for children, families, and communities, providing support as soon as a problem emerges. Help and Support for Families relies upon local groups and people in the community, sometimes we work together to help children, young people and their families.

The 'Offer' is for all children, as issues may arise at any point in a child or young person's life. It includes both universal and targeted or specialist services, to reduce or prevent concerns from growing or becoming entrenched.

At Parkside Middle School we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case, please come and talk to us. There are many ways in which we can help as outlined in this offer of help and support for families. Everyone needs help at some time in their lives and therefore an ethos of help and support for families is important for any school.

The diagram below shows the range of needs at different levels. We use this graduated approach to make sure we provide the best support for different families' individual situations.



Key Personnel

We have a team of individuals who work together to ensure all children at our school are kept safe and that their needs are effectively met.

The Designated Safeguarding Lead (DSL) is Mrs R Jenkin, Senior Deputy Headteacher. Mrs Jenkin is also a Trauma Informed Practitioner.

Email: safeguarding@parkside.worcs.sch.uk
office@parkside.worcs.sch.uk

Telephone: 01527 873660

Our Deputy Designated Safeguarding Leads are:

Mr S Swaffield (Assistant Headteacher, Behaviour and Attitudes)

Mrs K Varley (Welfare Manager and Thrive Practitioner)

Email: safeguarding@parkside.worcs.sch.uk

office@parkside.worcs.sch.uk

Telephone: 01527 873660

Mrs M Moffatt (SENDCo) and Senior Mental Health Lead

Email: office@parkside.worcs.sch.uk

Telephone: 01527 873660

Mrs N Miarowska (Head of Thrive)

Mrs K Varley (Welfare Manager) and Thrive Practitioner

Mrs L Ellis (Well-being Support Officer)

Miss L Harper (Inclusion and Attendance Officer)

Mr N Grimshaw (Family Support Worker)

The nominated safeguarding governor is: Mrs C Blincoe

Email: clerktogovernors@parkside.worcs.sch.uk

Telephone: 01527 873660

The Headteacher is: Mrs N Mancini

Email: head@parkside.worcs.sch.uk

Telephone: 01527 873660

The Chair of Governors is: Mrs C Blincoe

Email: clerktogovernors@parkside.worcs.sch.uk

Telephone: 01527 873660

The school values safeguarding training at all levels and at Parkside Middle School our staff receive training on the following:

PREVENT TRAINING – Radicalisation

Every member of staff has PREVENT training and yearly refresher training ensures vigour. We follow the mantra:

NOTICE

CHECK

SHARE

Child Sexual Exploitation

All staff at Parkside Middle School have been trained to identify early cases of child sexual exploitation. At school we use the CSE Screening tool if we have concerns.

Female Genital Mutilation

All staff received training on FGM and know how to identify if a child may be at risk. They are aware of the countries and places within this country where children may be taken to for this to happen. They know the signs to look for and most importantly how to refer, following the schools' safeguarding procedures.

All staff receive Safeguarding Training as part of their induction and this training is updated regularly throughout the academic year. The DSL is also a Safeguarding Champion for Worcestershire, supporting schools with strengthening their safeguarding procedures.

The Parkside team work closely together and meet regularly to discuss the needs and provision in place for children and families. Through these meetings the team can discuss early signs of intervention needed for families and children, using concerns brought forward by teachers or parents / carers as well as communications with other professionals. It is then that the assessment of Help and Support for Families can be carried out.

At Parkside Middle School our Inclusion Team and Curriculum Team meet once every half term to discuss each child's performance.

At these meetings we discuss:

How the child presents	Behaviour	Attitudes to learning
Friendships	Family issues	Additional needs
Any support they receive	General progress	Other agencies involved

Attendance

Outstanding attendance is promoted by the school. Where there are any concerns regarding attendance, the school will contact parents / carers to arrange a meeting.

Behaviour at Parkside Middle School

The school has high expectations and believes that good behaviour is essential to allow all pupils to achieve their full potential.

Our school has five Parkside Standards which will be regularly referred to in assembly and in class. These standards are non-negotiable.

- We will keep ourselves and each other safe.
- We will work as a team always showing politeness, kindness and respect.
- We will always try our best and take pride in everything we do.
- We will be prepared and organised for the school day.
- We will wear the correct uniform with pride.

We focus on positive behaviour management, promoted and supported by:

- A carefully planned curriculum.
- Effective classroom management.
- Adult role-modelling.
- The whole school behaviour management plan has three aspects: rules, recognition, and consequences.
- Playtime and lunchtime provision (lunchtime clubs, structured and free choice playground games).
- Personalised programmes and support from outside agencies where necessary.

All staff at Parkside Middle School should be aware of their local help and support for families process and understand their role in it. **Keeping Children Safe in Education** makes it clear that any child may benefit from help and support for families, but all school staff should be particularly alert to the potential need for help and support for a child who:

- Is disabled and has specific additional needs.
- Has special educational needs (whether or not they have a statutory education health care plan).
- Is a young carer.
- Is showing signs of being drawn in to anti-social or criminal behaviour, including gang involvement and association with organised crime groups.
- Is frequently missing / goes missing from care or from home.
- Is misusing drugs or alcohol themselves.
- Is at risk of modern slavery, trafficking, or exploitation.
- Is in a family circumstance which presents challenges for the child; such as substance abuse, adult mental health problems or domestic abuse.
- Has returned home to their family from care.
- Is showing early signs of abuse and / or neglect.
- Is at risk of being radicalised or exploited.
- Is a privately fostered child.

What Is on Offer

At Parkside Middle School early assessments help identify the specific needs of our children and families, so that they can be assigned to the correct interventions for their educational, social and emotional needs.

Everyone needs help at some time in their lives and therefore an ethos of help and support for families is important for any school setting. We believe that early interventions for children or families, in many cases, will prevent children from experiencing harm.

At Parkside Middle School we meet the needs of our children through a variety of ways:

- Providing a safe, calm place for any pupil who is upset and needs time to compose themselves before returning to lessons.
- Offering support, counselling, and advice to pupils with problems such as friendship issues, lack of confidence, eating disorders, sexuality, bereavement, self-harm or family difficulties.
- Referring to other more specialist agencies such as the School Nurse, Touchstones, Primrose Hospice, Children's Services, and Help and Support for Families.
- Finding solutions to minor problems affecting the pupil's ability to learn.
- Meeting with pupils and parents / carers when necessary to discuss any matters influencing the pupil in school.
- Supporting the pupils to develop the necessary skills to resolve problems themselves.
- Dealing with issues arising from uniform or other school rules.

Our pupils are actively encouraged to speak about any concerns they have to a member of staff or to our Welfare Manager or our Wellbeing Support Officer.

In lessons children are taught to speak openly about their emotions. Our pupils know our staff take all their concerns very seriously. Every child has a safe and trusted person; however, they know they can speak to anyone or add comments to our worry boxes which are situated in every classroom.

Children's questionnaires are used to ascertain if our pupils feel happy and safe at school. Children who comment negatively on this are offered support.

- All pupils participate in a unit of work on Online Safety. Pupils are given further advice through assemblies, through intervention workshops and our Social Awareness Day.
- Our local PCSO conducts assemblies for Online Safety and stranger danger. The Police support us and our pupils in addressing contextual safeguarding issues, for example, concerns that may arise in the local area.
- Thrive is an excellent vehicle for discussing emotion and wellbeing, pupil voice is most prevalent here.
- We offer support from our Trauma Informed Practitioner.
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- Our Prefects, Well-Being Champions, Thrive Ambassadors and Peer Mentors receive training to help them support all pupils.
- When we conduct pupil voice for any subject or learning walk, we always ask children: Are you happy? Do you feel safe?

We will work together with:

- Social Care
- Community Social Workers
- Health care professionals, for example, the school nurse, paediatricians and GPs
- Educational Psychology Service
- Police
- Local Authority Services
- Virtual School
- Bereavement Services
- Young Carers
- Redditch Borough Council e.g. RESPECT programme and Youth Support Services

We will always ensure that the child is at the centre of all decisions made. We will follow the guidance set out in “Working Together to Safeguard Children” so that we fulfil our roles and responsibilities.

Communication

If you would like to discuss any worries or concerns with a member of staff, please contact us to make an appointment. This can be done through the school office, by telephone or emailing our administration team. We are always happy to help.

Telephone: 01527 873660, office@parkside.worcs.sch.uk.

When Help and Support for Families is successful, needs are identified early, and proactive support and interventions are put into place before issues become more complex and reach a crisis point. To ensure we support children’s needs effectively, we offer a range of in school interventions that support children’s needs in different ways ranging from developing self-esteem to simply just making time to talk. We have designated appropriately trained members of staff who deliver these interventions.

Support available to pupils and families	<p>Mrs Ellis and Mrs Varley offer wellbeing and welfare support. They work 1:1 with children, or with small groups and can signpost parents / carers to receive the correct help.</p> <p>Mr Grimshaw is a Family Support Worker who can support pupils and their families.</p>
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	<p>Mrs Miarowska offers 1:1 Thrive Intervention and family Thrive.</p> <p>Mrs Jenkin offers 1:1 support to pupils experiencing trauma/</p>
SEND support	<p>Our SENCO, Mrs Moffatt, works with children and families with additional needs and can signpost parents / carers to many different agencies including for example, Speech and Language Therapists, Educational Psychiatrists, health workers and Occupational Health Services.</p> <p>CAMHS can support children who are in need of support for mental health needs. CAMHSCAST workers provide outreach support to schools and parents / carers.</p>
Robust safeguarding	<p>Our Designated Safeguarding Lead, Mrs Jenkin and Mrs C Blincoe (Safeguarding Governor) ensure rigorous and robust systems are in place within the school to ensure the safety of all our children.</p> <p>At Parkside Middle School, we always act in the interest of the child. The school works with Children's Services to support families. If the school are concerned, we will contact the Family Front Door at Children's Services.</p> <p>Mrs Jenkin is a Safeguarding Champion for the Local Authority and works closely with Denise Hannibal, Safeguarding Lead for Worcestershire Local Authority.</p>
Safety On-line	<p>Our Head of Computing, Mr Ricketts, offers personalised online safety intervention to pupils and support sessions for our families.</p>

Thrive	<p>We are a Thrive School of Excellence and actively promote the social and emotional development of our pupils.</p> <p>The school uses the Thrive approach to supporting pupils' emotional well-being. Thrive is a therapeutic approach to help support children with their emotional and social development.</p> <p>The Thrive approach offers practical strategies and techniques and is built around online assessments which identify children's emotional development and provides action plans for their individual needs. If a pupil is highlighted through the class online screening tool, then they may receive either a 1:1 Thrive intervention or a small group Thrive session. This could be short-term or long-term.</p> <p>During whole class Thrive sessions form tutors will work on a detailed action plan which will help to address the needs of the class. The areas of need will be highlighted after the class have been screened using the online tool.</p> <p>Mrs N Miarowska is Head of Thrive.</p>
Attachment and Trauma Training	<p>Staff have received training in attachment and the impact of trauma which helps them to support the most vulnerable children.</p>
Positive well-being	<p>At Parkside Middle School we take children's well-being very seriously. We have a Welfare Manager and a Well-being Support Officer who support all our pupils.</p> <p>The school has 12 named pupils who are 'Well-Being Champions' who promote positive mental health across the school. We educate our pupils in national awareness days such as World Mental Health Day and hold various Inspiration days where we promote positive well-being and teach pupils how best to take care of their mental health.</p> <p>The school has a Senior Mental Health Lead, Mrs Moffatt who supports pupils and staff.</p> <p>Mrs Ellis is the school's Well-being Support Officer.</p>
Intervention from PCSO and the Community Policing Team	<p>Parkside Middle School is fortunate that we can draw on the support of the local community policing team. Support can be offered in the following areas:</p> <ul style="list-style-type: none"> • Inappropriate use of social media • Internet safety • Anti-social behaviour • PREVENT <p>The school has positive links with the local community police and the local community housing trust – BDHT.</p>

Operation Encompass	Parkside Middle School participates in the Operation Encompass national project, run locally in partnership with Worcestershire County Council and West Mercia Police. Operation Encompass is a process whereby the police and county council will inform the Designated Safeguarding Lead at Parkside Middle School if a child has experienced a domestic incident. Information sharing between professional agencies allows school staff to provide emotional and practical support to any pupils experiencing domestic abuse.
PHSE/RSE	<p>Delivery of a high quality PHSE/RSHE programme across all year groups is integral in adopting a whole school approach to healthy relationships, healthy minds and emotional health.</p> <p>Topics include families, relationships, community, conflict resolution, sex education including consent, anxiety and mental health alongside a variety of other topics.</p>
Local Children's Centres and school Nursing Team	<p>Our Children's Centre offers outreach support such as the Community Midwife and Speech and Language.</p> <p>The School Nursing Team works closely with Parkside Middle School to offer support and advice to pupils, parents / carers.</p>
Help and Support for Families	<p>If you are experiencing difficulties in your family or are worried about your children, there are people, outside of Parkside Middle School, who can offer help and support.</p> <p>Difficulties could be for example:</p> <ul style="list-style-type: none"> • Mental health problems • Domestic abuse at home • Drug or alcohol dependency • Your child starting school • Struggling as a lone parent • Debt problems • Housing problems <p>Help and Support for Families support provided by Worcestershire County Council:</p> <p>http://www.worcestershire.gov.uk/earlyhelpfamilysupport</p> <p>Here you can find advice and guidance to help support your family. If you need more help than your usual support network, for example your health visitor, child's school, doctor or Children's Centre, the family support process can help.</p>

	<p>As a school we recognise that early intervention is essential if we are to secure the best outcomes for our Children and their families.</p> <p>We have an on-site Family Support Worker, Neil Grimshaw, who can work with pupils and their families in school and within their home, offering practical help and emotional support for those families experiencing various problems and difficulties.</p> <p>Support is provided by:</p> <ul style="list-style-type: none"> • Listening. • Working with other people who could help. • Finding out about specialist agencies who could help. • Filling out a Help and Support for Families Assessment and creating a plan. • Contacting Children's Social Care if a problem is more serious. <p>Help and Support for Families Support Service:</p> <p>The Help and Support for Families Support Service is delivered by Worcestershire Children First directly to families permanently living in Worcestershire who have children aged 0-18 years old and need help and support specifically from a Family Support Worker.</p> <p>For more information, please visit:</p> <p>Worcestershire Children First Early Help Family Support Service Worcestershire County Council</p>
The Worcestershire Virtual Family Hub	<p>The Worcestershire Virtual Family Hub Worcestershire County Council</p> <p>If you need help with paying your household bills, need advice about managing your debt or finances, emotional support or getting back into work please contact Here2Help on 01905 768053 then press option 3. The Here2Help opening hours are Monday to Thursday 9.00am to 5.00pm and Friday 9.00am to 4.30pm.</p> <p>www.worcestershire.gov.uk</p>
The Front Door to Children's Services	<p>If a member of staff, parent / carer or member of the public thinks a child or young person is at immediate risk of significant harm they should contact the Family</p>

	<p>Front Door (FFD) – 01905 822 666 or in an emergency always call 999.</p> <p>Do not wait to discuss this with the DSL/DDSL but do report it afterwards.</p> <p>https://www.worcestershire.gov.uk/familyfrontdoor</p>
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Worcestershire Safeguarding Adults Board (WSAB) and Worcestershire Safeguarding Children Partnership (WSCP)	<p><u>Home - Worcestershire Safeguarding Boards (safeguardingworcestershires.org.uk)</u></p> <p>This Safeguarding Worcestershire website provides important information in relation to keeping children safe and avenues of support.</p>
Universal source of help for all families in Worcestershire: Worcestershire Family Information Service (FIS)	<p>Worcestershire Family Information Service (FIS) advisors give impartial information on childcare, finances, parenting and education.</p> <p>FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0-19 years of age (25 for young people with additional needs) and professionals working with these families. They can help link parents / carers up with other organisations that might be able to help or provide the information themselves.</p> <p><u>http://www.worcestershire.gov.uk/info/20507/childcare/1579/family_information_service</u></p>
Home-school support Worcestershire Home Education Network	<p>Home education is becoming an increasingly popular option for families in Worcestershire and within the county, there is a growing community that are able to offer each other support.</p> <ul style="list-style-type: none"> • Worcestershire Home Education Network hold meetings usually at least weekly, throughout term time at various locations round the county. • Social gatherings occur monthly in North Worcestershire for all ages, with both indoor and outdoor games plus organised activities such as climbing, zip-wires, grass sledging for 8+. • Monthly meetings in Worcester with games, music and crafts for all ages. • Monthly social meeting in south Worcestershire, including indoor and outdoor games, group music session and a drama group. • Bowling or Ice skating most months. • "Education group" workshops organised regularly. Recent workshops have included: Marvellous Mosaics' 'Gunpowder plot' 'Medieval life', 'Making Music' and 'Creative Writing'. <p>A Worcestershire Home Educators Newsletter (WHEN) that lists all of the activities for the coming month and Worcestershire Home Educators Internet support list is available on the following website: <u>info@worcestershires-home-educators.co.uk</u></p>

Get Safe	<p>If you are worried about your child and exploitation, contact the Get Safe Team</p> <p>Get Safe - keeping children and young people safe from criminal exploitation Worcestershire County Council</p>
Online Safety	<p>Online Activity (phones, computers) can be a serious risk to children. The use of technology has become a significant component of many safeguarding issues. Child sexual exploitation, radicalisation, sexual predation – technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great benefits, but we must all be vigilant.</p> <p>PACE (parents against child exploitation) UK is a useful website to engage parents / carers with safety issues. https://paceuk.info/</p> <p>https://www.thinkuknow.co.uk/parents/</p> <ul style="list-style-type: none"> • https://www.thinkuknow.co.uk/teachers <p>This is the Child Exploitation and Online Protection (CEOP) Centre. It's a one stop shop for most information about online safety.</p> <ul style="list-style-type: none"> • http://educateagainsthate.com/ <p>This is the government website to help parents / carers and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this.</p> <ul style="list-style-type: none"> • www.internetmatters.org <p>A site for helping parents / carers keep their children safe online.</p>

Health	<p>The Starting Well Partnership offers a range of health services which support both children and families experiencing a range of health issues.</p> <p><u>Starting Well Partnership Worcestershire Starting Well (startingwellworcs.nhs.uk)</u></p> <p>The Starting Well Partnership has delivered public health nursing services for children, young people and families across Worcestershire since April 2020. Led by Herefordshire and Worcestershire Health and Care NHS Trust, the Partnership brings together professionals from Barnardo's, Action for Children, and Redditch Borough Council to support 'parents to be' and their children during the early years and as they move through school towards adulthood.</p> <p>If your child is under 5 years old and you need advice on issues such as feeding, behaviour, or toileting you can contact the Telephone Advisory Service on 0300 123 9551 (Monday – Friday 9am to 3pm).</p> <p>School health nurses offer a range of services such as home visits, health needs assessments, time4u drop-in service, school aged hearing and national child measurement programme to support the needs of children and their families.</p> <p>Chat Health is a free and confidential text service for young people in need of advice or support. To confidentially contact your school nurse, text: 07507 331750.</p> <p>Social Prescribing: Onside Advocacy, Worcestershire Social Prescribers support you to take control of your health and look after yourself by making connections with the different types of community support available.</p> <p><u>NHS Worcestershire - Social Prescribing</u></p>
Mental Health	<p>Some useful self-help guides and leaflets available to access online. The guides are available for you to read online. The self-help guides can be accessed by typing the below link into your URL and selecting 'Self Help Guides': https://www.hacw.nhs.uk/a-to-z/letter-s/</p> <p>CAMHS provide mental help to children, young people and their families. <u>Mental health help to children, young people and their families School Mental Health (hacw.nhs.uk)</u></p>

	<p>Kooth is an online mental wellbeing community which offers free, safe and anonymous support Digital Mental Health Care - Kooth plc</p> <p>Reach4Wellbeing promotes positive wellbeing to reduce the stigma of mental health by providing short-term group programmes for children and young people experiencing moderate anxiety and low mood Reach4Wellbeing School Mental Health (hacw.nhs.uk)</p> <p>Healthy Minds provides 24/7 support and advice if anyone is experiencing a mental health crisis and needs urgent help Home Healthy Minds (whct.nhs.uk)</p> <p>Papyrus can offer suicide prevent support providing free and confidential helplines, advice, web chats and resources Papyrus UK Suicide Prevention Prevention of Young Suicide (papyrus-uk.org)</p> <p>Staying Safe http://stayingssafe.net/</p> <p>SANE 0845 767 800 Email: sanemail@org.uk www.sane.org.uk</p> <p>Samaritans 116 123 (24 hour helpline) https://www.samaritans.org/</p> <p>Rethink Mental Illness 0300 5000 927 www.rethink.org</p> <p>Mental Health Foundation www.mentalhealth.org.uk</p> <p>MIND 0300 123 3393 or text 86463 www.mind.org.uk</p>
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	<p>Anxiety UK 08444 775 774 www.anxietyuk.org.uk</p>
<p>Bullying (including cyberbullying)</p> <p>Child death/suicide/prevention</p>	<p>If you are concerned your child or a child, you know is being bullied there are several services and useful links which can help you support your child.</p> <p>In the first instance, if bullying is happening at school, please speak to a member of staff who will be able to help.</p> <p>The following links will provide you with more information:</p> <p>Is your child or someone you know being bullied? Is your child or someone you know being bullied? Worcestershire County Council</p> <p>Bullying Worcestershire County Council</p> <p>Cyberbullying is using the internet, email, online games or any digital technology to threaten, tease, upset or humiliate someone else.</p> <p>If the police consider a message or post to be potentially criminal, they will take appropriate action. This could involve arresting the person responsible or interviewing them under caution. Cases involving sustained abuse or where someone's life is threatened will be treated seriously.</p> <p>The police will consider all of the circumstances when considering the best response to a report of cyber bullying. They will assess how vulnerable the victim is and what resources are required to trace the offender via social networking sites that often operate abroad and to different legislation.</p> <p>In certain cases, it may be difficult to take action if the offender isn't in the UK. They will work with the victim to bring about the most suitable and proportionate conclusion, this will include alternative options that include the officer in the case using their discretion and working with the offender to record an apology to the victim.</p>

	<p>Useful links:</p> <p>Bullying UK</p> <p>Childline https://www.childline.org.uk/</p> <p>KidScape provides resources and information on issues surrounding bullying, online and personal safety. They can be used directly by young people and parents / carers, as well as in the classroom within schools and youth organisations.</p> <p>https://www.kidscape.org.uk/resources-and-publications/</p> <p>https://www.barnardos.org.uk/online-safety</p> <p>https://educateagainsthate.com</p> <p>https://www.nspcc.org.uk/keeping-children-safe/online-safety/sexting-sending-nudes/</p>
Hollie Guard - A personal safety APP for children and teenagers	<p>https://hollieguard.com/</p> <ul style="list-style-type: none"> • Hollie Guard is an app that can be used to keep an eye on your children while they're traveling to and from school with the 'Journey' feature. • Teens can get help quickly while out with friends. • Parents, carers and caregivers are automatically contacted by both SMS and email.
Hate Crime	<p>A hate crime is a criminal offense whose motivation can be shown to be race, national origin, religion or sexual orientation. A difference of race alone is NOT sufficient to make it a hate crime. There would have to be evidence of racial slurs or racial statements in addition to the crime (this does not trivialise other serious offenses that are NOT hate crimes).</p> <p>Hate Crime: West Mercia Police: Email: contactus@westmercia.police.uk Emergency number: 999 Non-Emergency number: 101</p> <p>https://educateagainsthate.com/parents/</p>

Relationships	<p>The following services and links offer information, advice and intervention on healthy relationships for your family and children:</p> <p>Healthy relationships NSPCC</p> <p>Harmony at Home Worcestershire County Council</p> <p>Crush West Mercia Women's Aid (westmerciawomensaid.org)</p> <p>The Worcestershire Virtual Family Hub Worcestershire County Council</p> <p>https://www.childline.org.uk/info-advice/friends-relationships-sex/</p> <p>Disrespect NoBody campaign - GOV.UK (www.gov.uk)</p> <p>How to Talk to Children About Sex & Safety NSPCC NSPCC</p>
Children with disabilities team (CWD)	<p>The Children with Disabilities (CwD) Social Work Team provide services designed to meet the needs of children and young people who have complex disabilities. Social care support for children with disabilities Social care support for children with disabilities Worcestershire County Council</p> <p>The CwD Social Work Team is one of a range of services that can provide support to children and young people with disabilities and their families. Other services available are those provided by health, education, play and youth services as well as community resources provided by voluntary agencies.</p> <p>The CwD team offer services to those children and young people requiring additional resources in respect of their disability, where the disability has a profound impact on the child or young person's life.</p>

	<p>An assessment will be offered where the child has a condition which is substantial, long lasting or permanent, is a physical and/or learning disability or a life limiting, life threatening condition. These may include:</p> <ul style="list-style-type: none"> • Severe learning disabilities • Severe physical disabilities • Severe developmental delay in motor and or cognitive functioning • Profound multiple disabilities • Severe sensory impairment (registered blind and/or profoundly deaf) • Complex and severe health problems that arise from the disability, that are life threatening, degenerative illness or organic disorder resulting in severe disability. • A diagnosis of Autistic Spectrum Condition with an associated learning disability and where the condition severely affects day to day functioning. <p>SEND Local Offer Worcestershire County Council</p> <p>SENDIASS Worcestershire and Herefordshire (hwsendiass.co.uk)</p> <p>SEN Services and Support Groups</p> <ul style="list-style-type: none"> • 9 Tea Cups • https://www.autismlinks.co.uk/ <p>Links to events, services and information of use to families of people with Autism</p> <ul style="list-style-type: none"> • Autism Spectrum Condition and Learning Disabilities Group <p>A group for family members and carers, Kidderminster Hospital.</p> <ul style="list-style-type: none"> • https://autismwestmidlands.org.uk/ <p>A support group for young people aged 16-24 with Asperger's Syndrome in the Malvern Hills area.</p>
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	<ul style="list-style-type: none"> • Autism in Worcestershire ASPIE is a social self-help and motivation group for adults with Asperger's Syndrome. We provide a centre in Worcester where Aspies feel welcome and accepted. • Children's Centres. Find out what's happening at your local Children's Centre • Community Paediatric Service is concerned with developmental delay and learning disability. Motor difficulties such as Cerebral Palsy and Muscular Dystrophy. Neuro-developmental conditions including ADHD and ASD; complex behavioural difficulties, sensory impairment, statutory medical and educational assessments (The Community Paediatric Service South Worcestershire, The Community Paediatric Service Wyre Forest and The Community Paediatric Service Redditch and Bromsgrove) • Council for Disabled Children A host of useful leaflets on SEND issues many in easy read format to help children understand. • Disability Information Advice Line (DIAL) Worcestershire Website of the disability advice line South Worcestershire; local info on: mobility, benefits and finance, carers support and respite, Community and Voluntary Support, Disabled Children's Services, education and employment; health, housing, independent living, Learning Disabilities, legal support, leisure and holidays, mental health, mobility and aids to daily living and Older People's Services. • Dyslexia, find out more from the https://www.worcestershire.gov.uk/directory-record/4848/worcester-dyslexia-parent-group-support-group-for-parents-with-children-who-have-dyslexia • https://directory.childbereavementuk.org/organisation/footsteps-worcester/ Support for bereaved children and their families in Worcestershire.
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	<ul style="list-style-type: none"> • Learning Disabilities (opens in a new window) <p>We work with people with learning disabilities, their families and the people who support them.</p>
Substance Misuse	<p>Cranstoun</p> <p>Cranstoun provides services and programmes for adults and young people who need support addressing their use of alcohol and other drugs, domestic abuse, housing and those in contact with the criminal justice system. Whether you need community-based outreach, help to reduce harm, treatment and recovery services or support for yourself or for others, you can rely on Cranstoun.</p> <p>https://cranstoun.org/help-and-advice</p>

Useful information for school staff/professionals	
DDNs (Dangerous Drug Networks)	<p>DDN's are drug dealing gangs who target vulnerable people in order to set up drugs distribution networks.</p> <p>These criminals are using extreme violence to establish a presence, displacing an existing drug supply chain and intimidating rivals, witnesses and victims, this has resulted in local murders.</p> <p>DDN's exploit vulnerable teenagers to become drug runners for their network. Early intervention and intelligence are key to safeguard and protect the vulnerable.</p> <p>Presentation For DDN's (PDF, 151.7 KB)</p> <p>For professionals that work in health (PDF, 1.3 MB)</p> <p>For professionals that work with young people (PDF, 1.3 MB)</p> <p>For professionals working in housing (PDF, 1.3 MB)</p> <p>Drug Gangs and Exploitation (PDF, 556.6 KB)</p>
Child Criminal Exploitation (County Lines)	<p>Here is some guidance for frontline professionals on dealing with county lines, part of the government's approach to ending gang violence and exploitation:</p> <p>https://www.gov.uk/government/publications/criminal-exploitation-of-children-and-vulnerable-adults-county-lines</p> <p>Children who are trafficked, exploited or coerced into committing crimes are victims in need of safeguarding and support. Though perceptions are altering these young people are still often criminalised and perceived as having 'made a choice' to take part in illegal activity.</p> <p>https://www.catch-22.org.uk/child-criminal-exploitation/</p>

<p>Child Sexual Exploitation (CSE)</p>	<p>West Midlands Safeguarding Children Procedures has a page dedicated to Child Sexual Exploitation. It provides information about child sexual exploitation; the roles and responsibilities of relevant agencies and the procedures practitioners should follow to ensure the safety and well-being of children and young people whom it is suspected have been sexually exploited or are at risk of sexual exploitation.</p> <p>Key facts about CSE</p> <ul style="list-style-type: none"> • It affects both girls and boys and can happen in all communities. • Any young person can be targeted but there are some particularly vulnerable groups: Looked After Children, Children Leaving Care and Children with Disabilities. • Victims of CSE may also be trafficked (locally, nationally, and internationally). • Over 70% of adults involved in prostitution were sexually exploited as children or teenagers. • Sexual violence or abuse against children represents a major public health and social welfare problem within UK society, affecting 16% of children under 16. That is approximately 2 million children. <p>Documents</p> <ul style="list-style-type: none"> • Appropriate Language: Child Sexual and/or Criminal Exploitation Guidance For Professionals (CSE Police and Prevention website, opens in a new window) • Child Sexual Exploitation: Definition and a guide for practitioners (GOV.UK website, opens in a new window) • Child Sexual Exploitation – Identification Tool • Worcestershire Child Sexual Exploitation Strategy and Action Plan 2017 to 2019 • WSCB Multi-agency Child Sexual Exploitation Pathway • WSCB CSE self assessment tool and guidance
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	<p>Making a referral</p> <p>The Local Authority has a duty to make enquiries where a child may be suffering harm or neglect. If you think that a child may be at risk then you can let us know via the referral form linked below.</p> <p>Useful Websites</p> <ul style="list-style-type: none"> • Barnardo's spot the signs: Advice for parents, professionals and young people on the signs of sexual exploitation and how to keep safe • Department for Education (Gov.uk) National Action Plan for Tackling Child Sexual Exploitation • Parents Against Child Sexual Exploitation Pace is the leading national charity working with parents and carers whose children are sexually exploited. • NSPCC definitions, statistics, facts and resources about CSE. • NWG Network: Fighting against CSE and working to inform, educate and prevent child sexual abuse within the UK. • Spotting The Signs of Child Sexual Exploitation: a 15 minute YouTube clip from Health Education England
<p>Domestic violence</p>	<p>Here is a very helpful website for what do to in many different difficult situations: http://www.worcestershire.gov.uk/info/20379/domestic_violence_and_sexual_abuse</p> <p>West Mercia Women's Aid: 0800 980 3331 0800 783 1359 helpline@westmerciawomensaid.org</p>

	<p>Further reading</p> <ul style="list-style-type: none"> • Controlling or Coercive Behaviour in an Intimate or Family Relationship Statutory Guidance Framework (GOV.UK website, opens in a new window) • Domestic Abuse - A toolkit for employers (Wellbeing.BIT website, opens in a new window) • Groups for parents - information and guidance • Multi-agency Statutory Guidance for the Conduct of Domestic Homicide Reviews (GOV.UK website, opens in a new window) • Worcestershire Domestic Abuse Strategy 2017 - 2020 (click to download) • Worcestershire Multi-agency domestic abuse training – Learning Outcomes (click to download)
Teenage relationship abuse	<p>A PDF to help understand teenage relationship abuse: U:\U161 CHS\U695 Education Safeguarding\G3 SG\AAA .Education Adviser Safeguarding\G1 Mgt & Admin\03.Education Adviser -Safeguarding files\Admin Assistant\A parents and carers guide to violence and abuse in teenage relationships.pdf</p> <p>Crush CRUSH is an awareness raising and support programme to help young people make safe and healthy relationships. The sessions are run in small groups and are specifically designed for 13 - 19 year olds. http://www.westmerciawomensaid.org/crush/</p>
Fabricated and induced illness (FII)	<p>Fabricated or induced illness (FII) is a rare form of child abuse. It occurs when a parent or carer, exaggerates or deliberately causes symptoms of illness in the child.</p> <p>https://www.nhs.uk/conditions/Fabricated-or-induced-illness/</p>

Faith abuse	<p>Faith and belief-based child abuse, including practices around 'spirit possession' and 'witchcraft', is a hidden crime, which makes it difficult to quantify in terms of magnitude. However, from our own experience and in consultation with communities, we know this kind of abuse is under-reported.</p> <p>www.gov.uk/government/publications/national-actionplan-to-tackle-child-abuse-linked-to-faith-or-belief</p> <p>Further contacts for advice can be found from the local representatives for some faiths.</p> <ul style="list-style-type: none"> • An Exploration of Knowledge About Child Abuse Linked to Faith or Belief (2016) • National Action Plan to Tackle Child Abuse Linked to Faith or Belief (2012) • Safeguarding Children from Abuse Linked to a Belief in Spirit Possession (2007) this good practice guidance is archived but still available. • Eleanor Stobart report 2006: Child Abuse Linked To Accusations of Possession And Witchcraft (2006) • Unicef study report: Children Accused of Witchcraft • AFRUCA: Africans Unite Against Child Abuse
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<p>Honour based violence (HBV)</p>	<p>Honour' based violence (HBV) occurs when perpetrators believe a relative or other individual has shamed or damaged a family's or community's 'honour' or reputation (known in some communities as izzat), and that the only way to redeem the damaged 'honour' is to punish and/or kill the individual.</p> <p>'Honour' based violence is a term that is widely used to describe this sort of abuse however it is often referred to as so called 'honour' based violence because the concept of 'honour' is used by perpetrators to make excuses for their abuse.</p> <p>There is a very strong link between 'honour' based violence, forced marriage and domestic abuse. The term 'Honour Based Violence' is the internationally recognised term describing cultural justifications for violence and abuse. Honour Based Violence cuts across all cultures and communities: Turkish, Kurdish, Afghani, South Asian, African, Middle Eastern, Southern and Eastern European for example. This is not an exhaustive list. Where a culture is heavily male dominated, HBV may exist. The police have made it a high priority to help communities fight back to tackle both honour-based violence and hate crime.</p> <p>The 'Honour Network Help line': 0800 599 9247</p>
<p>Female genital mutilation (FGM)</p>	<p>Female Genital Mutilation (FGM) comprises all procedures involving partial or total removal of the external female genitalia. FGM is illegal in the UK and as of October 2015 mandatory reporting commenced. If education staff or other professionals discovers that an act of FGM appears to have been carried out on a girl under 18 years old there is a statutory (legal) duty on teachers for them PERSONALLY to report it to the police.</p> <p>Read http://www.nhs.uk/Conditions/female-genitalmutilation for NHS information and signs of FGM. Any suspicion of FGM should be referred to the Police and social care.</p>

	<p>- Annalise Price-Thomas (Head of Service) has completed the online home office training, '<i>Female Genital Mutilation: Recognising and Preventing FGM</i>'</p> <p>E-learning package http://www.fgmelearning.co.uk/ for interested staff or professionals (free home office eLearning).</p>
Forced marriage	<p>UK Forced Marriage Unit fmu@fco.gov.uk Telephone: 020 7008 0151 Call 999 (police) in an emergency.</p> <p>www.gov.uk/stop-forced-marriage for information on Forced Marriage. Visit Home Office website to undertake Forced Marriage e-learning package https://www.gov.uk/forced-marriage.</p> <p>GSCB one day Awareness training delivered by Infobuzz www.gscb.org.uk</p> <p>Please see 'Multi-Agency Practice Guidelines- Handling cases of Forced Marriage' for more information and detail: https://www.gov.uk/forcedmarriage.</p> <p>Prevention Freedom Charity - Aneeta Prem 'But it's not fair' book. A book for teenagers looking at forced marriage from the point of view of school friends of the girl who went to India and didn't come back. This book promotes discussion.</p> <p>www.freedomcharity.org.uk The Freedom Charity (UK charity) have a helpline, text facility and app which can be downloaded to help to provide support and protection for victims of abuse, FGM or forced marriage. They can be contacted on tel: 0845 607 0133 or text 4freedom to 88802 or go to the website to download the app from the app page.</p>
Gangs and youth violence	<p>Here is a PDF assisting with Gangs and Youth https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/418131/Preventing_youth_violence_and_gang_involvement_v3_March2015.pdf</p>

	<p>This is a website for the Youth Violence Prevention Initiative: http://www.worcesterma.gov/youth-opportunities/youth-violence-prevention</p>
Gender-based violence/violence against women and girls	<p>https://www.gov.uk/government/publications/violence-against-women-and-girls-evidence-digest-january-2018</p> <p>For information about West Mercia Rape and Sexual Abuse visit: https://www.wmrsasc.org.uk/</p> <p>FGM (Female Genital Mutilation) is violence against women and girls. Forced marriage and so called 'Honour' based violence are a violation against human rights and is a high priority area of the national and local Violence Against Women and Girls Agenda. It is, primarily an issue for young women and girls aged between 13 and 30 years.</p> <p>Hope House SARC (Sexual Assault Referral Centre): 01452 754390</p> <p>www.onyourmindglos.nhs.uk for 'I've been raped or sexually assaulted' information.</p>
Gender Identity Issues	<p>The Gender Trust is a listening ear, a caring support and an information centre for anyone with any questions concerning their gender identity, or whose loved one is struggling with gender identity issues. People who might be Transgender, Transsexual or people who do not identify with the gender they were assigned at birth or those who are simply unsure. Address: 76 The Ridgeway, Astwood Bank, B96 6LX tel: 0845 231 0505 www.gendertrust.org.uk</p>
Private fostering	<p>National Fostering Agency (NFA) Call on: 0808 284 9226</p> <p>Kinship Care Kinship care means that relatives or friends look after children who cannot live with their parents. Visit this website for more information: http://www.worcestershire.gov.uk/privatefostering</p>
Preventing Radicalisation and Extremism/HATE (PREVENT duty)	<p>www.educateagainsthate.com is the government website providing information and practical advice for parents / carers, teachers and school leaders on protecting children from radicalisation and extremism. Anti-Terrorist Hotline: tel 0800 789 321</p>

	<p>Email to the Home office: counter.extremism@education.gsi.gov.uk.</p> <p>Let's talk about it is an excellent website for parents: www.ltai.info/ as is www.preventtragedies.co.uk</p> <p>While it remains very rare for school age children to become involved in extremist activity to the point of committing criminal acts, young people can be exposed to extremist influences or prejudiced views, including via the internet, from an early age. As with other forms of criminality or risk of harm, early intervention is always preferable.</p> <p>Schools, working with other local partners, families and communities, can help support pupils who may be vulnerable as part of wider safeguarding responsibilities.</p> <p>Channel guidance: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/425189/Channel_Duty_Guidance_April_2015.pdf</p>
Sexting/Sextortion/youth produced imagery	<p>http://www.nspcc.org.uk/preventing-abuse/keepingchildren-safe/sexting (NSPCC website).</p> <p>https://www.westmercia.police.uk/article/8206/Sexting (West Mercia Police website)</p>
Children Missing in Education (CME)	<p>Children Missing Education (CME) refers to 'any child of compulsory school age who is not registered at any formally approved education activity eg school, alternative provision, elective home education, and has been out of education provision for at least 4 weeks'.</p> <p>CME also includes those children who are missing (family whereabouts unknown) and are usually children who are registered on a school roll / alternative provision. This might be a child who is not at their last known address and either has not taken up an allocated school place as expected or has 10 or more days of continuous absence from school without explanation, or left school suddenly and the destination is unknown.</p> <p>This is the link for Children Missing Education on the Worcestershire website:</p>

	<p>http://www.worcestershire.gov.uk/info/20595/behaviour_and_attendance/293/children_missing_education</p> <p>Contact the Children Missing Education team Email: EdWelfareCME@worcschildrenfirst.org.uk Telephone: 01905 844666</p>
<p>Missing Children and Adults Strategy (Vulnerable children and adults who go missing)</p>	<p>Every year an estimated 200,000 people go missing in the UK. In some cases, missing adults may have made a choice to leave and 'start their lives over again', but the vast majority of missing people, children and adults, are vulnerable and need protection and support.</p> <p>The strategy has three key objectives which provide the right foundations for any effective local strategy to tackle this issue:</p> <p>Prevention - reducing the number of people who go missing, including through prevention strategies, education work and early intervention in cases where children and adults repeatedly go missing.</p> <p>Protection - reducing the harm to those who go missing, including through a tailored, risk-based response and ensuring agencies work together to find and close cases as quickly as possible at a local and national level.</p> <p>Provision - providing support and advice to missing persons and families by referring them to agencies promptly and ensuring they understand how and where to access help. The police should be informed if any child or adult goes missing. The Missing Children and Adults strategy can then be referred to for further information and help. It is a home office publication (2011).</p> <p>https://www.gov.uk/government/publications/missing-children-and-adults-strategy</p>

Children with family members in prison	<p>Approximately 200,000 children have a parent sent to prison each year. These children are at risk of poor outcomes including poverty, stigma, isolation and poor mental health.</p> <p>NICCO (provides information to support professionals working with offenders and their children to help mitigate the negative consequences for these children. https://www.nicco.org.uk/</p> <p>PACT: https://www.prisonadvice.org.uk/pages/category/for-children</p>
Children and the court system	<p>Children are sometimes required to give evidence in courts, either for crimes committed against them or for crimes they have witnessed.</p> <p>There are two guides to support these children which can be found at www.gov.uk (young witness booklet for 5 to 11 year olds) which is a pdf.</p> <p>There is also a document called “going to court and being a witness age 12 to 17” which is also found at www.gov.uk.</p> <p>Making family arrangements via court can be stressful and entrench conflict in families. The ministry of Justice has just launched an online dispute resolution service. This can be useful to parents and carers. Got to www.gov.uk and search for “get help with arrangements.”</p>
Stalking	<p>General Advice:</p> <ul style="list-style-type: none"> ▪ If it doesn't feel right, it probably isn't! ▪ Seek support from trusted family / friends. ▪ Report to the police and do this early. ▪ Keep a diary in a secure location. ▪ Screenshot, emails and any other evidence that can be used as evidence. ▪ Photograph / video your stalker if safely possible. ▪ Tighten security at home, work and on-line. <p>National Stalking Helpline For advice and support. The helpline will operate a triage service for local support and make referrals Phone: 0808 802 0300 Website: www.stalkinghelpline.org Email: advice@stalkinghelpline.org</p>

	<p>Paladin: National Stalking Advocacy Service For advice and referral. Phone line: 020 3866 4107 Email: info@paladinservice.co.uk Website: www.paladinservice.co.uk/</p> <p>Hollie Gazzard Trust https://holliegazzard.org/</p>								
Sexual violence and sexual harassment between children in schools and colleges	<p>Here is advice from the WCC webpage: http://www.worcestershire.gov.uk/info/20379/domestic_abuse_and_sexual_violence/886/sexual_violence_and_abuse</p> <p>West Mercia Rape and Sexual Abuse Support Centre: https://www.wmrsasc.org.uk/ 01905 724 514 <u>Helpline opening times:</u></p> <table> <tr> <td>Monday</td><td>7.30pm to 9.30pm</td></tr> <tr> <td>Tuesday</td><td>1.00pm to 5.00pm</td></tr> <tr> <td>Thursday</td><td>7.30pm to 9.30pm</td></tr> <tr> <td>Friday</td><td>10.00am to 2.00pm</td></tr> </table>	Monday	7.30pm to 9.30pm	Tuesday	1.00pm to 5.00pm	Thursday	7.30pm to 9.30pm	Friday	10.00am to 2.00pm
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