



Parkside Middle School Primary PE and Sport Premium Strategy 2022-2023

PE & SPORT AT PARKSIDE MIDDLE SCHOOL

Parkside Middle School boasts a strong and successful PE Department that prioritises the holistic development of our pupils. At Parkside, we firmly believe that a well-rounded education encompasses not only academic excellence but also the cultivation of physical fitness, sportsmanship, and engaging in lifelong healthy active lifestyle.

Our PE department is dedicated to providing a comprehensive and engaging curriculum that caters to the diverse needs and interests of our students. Led by a team of highly qualified and passionate PE specialists, we strive to create an environment where students can discover and excel in various physical activities while fostering a positive attitude towards physical fitness.

What sets our PE department apart is our commitment to both skill acquisition and personal growth. We understand that every student has unique talents and abilities, and we aim to nurture and develop these qualities through a range of athletic disciplines. From team sports such as football, netball, basketball, rounders and handball, to individual pursuits like track and field, dance and gymnastics, our students are exposed to a wide array of activities that cater to their individual interests and aptitudes.

In addition to this our PE Department focuses on instilling the values of teamwork, leadership, resilience and fair which co-inside with our school ethos and Parkside Values. Through cooperative games, team building exercises and organised competitions students learn to work together, support one another and demonstrate good sportsmanship. These qualities benefit them on the field but also prepare them for success in various aspects of their lives.

Inclusion is an essential value upheld by our school in all aspects of education including PE. We firmly believe that every student should have equal opportunities to participate, learn and excel in PE, regardless of their abilities, background or identities. To foster inclusion at Parkside, our PE curriculum is designed to accommodate and celebrate diversity. We provide a variety of activities and sports that cater to different skill levels and interests, ensuring that all students feel engaged and empowered to participate.

Here at Parkside, we offer every pupil the opportunity to participate and experience competitive sport through our extra-curricular 'Turn Up and Play Tournaments'. These competitions are hosted half- termly and allow pupils to showcase their physical abilities and qualities of sportsmanship when competing against other local schools across a range of different sports. These tournaments promote teamwork, communication and mutual support and create an inclusive environment where every student feels valued and included representing the school. Furthermore, the PE curriculum has also been enhanced by the purchasing of new PE equipment to broaden opportunities and allow for the introduction of new sports into the curriculum such as badminton and volleyball. Furthermore, Professional Development opportunities being provided for staff ensures that these improvements are sustainable and continue to benefit our pupils.

Our school continues to have huge success in competitive sporting events. Our Primary PE and Sport funding allows us to continue to provide outstanding PE/sports opportunities for pupils and to increase and maintain our incredible participation rates. Our statistics currently show that our extra-curricular uptake was at a record high in the previous year. This is due to our outstanding provision including netball, badminton, tennis, table tennis, athletics, trampolining and football. We also foster strong school club-links with both Redditch United Football Club as well as the Ryland Centre Bromsgrove whereby our pupils benefit from the experience of specialist external coaches as well as the opportunity of being invited to the Trico Stadium for competitions, coaching sessions and reward days.



Parkside Middle School Primary PE and Sport Premium Strategy 2022-2023

Key achievements to date until July 2023:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> Maintaining the profile of Physical Education, School Sport and Physical Activity at Parkside reflected through our pupil voice. Continuation of delivery of high-quality PE lessons delivered by subject specialists. Increase confidence and skills of non-specialist staff through targeted CPD 'Turn up and Play' Tournaments held with a focus on participation and inclusion. Success within District Competitions. Continued uptake and engagement within comprehensive extra-curricular sport timetable. 	<ul style="list-style-type: none"> Continue to promote balance between competition and participation through varied approach. Continue to develop staff expertise through targeted CPD programme for non-specialists. Focus on swimming to improve statistics in line with School Sport Activity Plan 2023. Continue to increase physical activity in school day to include lunchtime clubs and daily mile. Continue to promote equal access with Physical Education, School Sport and Physical Activity (Gender, DL and SEND).

Meeting national curriculum requirements for swimming and water safety.	2022-2023
SWIMMING DATA: SEPTEMBER 2022-JULY 2023 (Swimming lessons impacted by closure of local swimming pool due to leak (7 weeks) and teacher's industrial action days (3 weeks))	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? N.B. Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2023	50% (↑7%)
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	62.7% (↑19.7%)
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	64.8% (↑5.8%)
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	No

Academic Year: 2022/2023		Total funding: £19,100 Total expenditure: £21,925.77		Date Updated: July 2023	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation:	
				40.61%	
Intent		Implementation		Impact	
Pupils in Key Stage 2 at Parkside Middle School have always taken part in regular physical activity and continue to do so. Our intent is to provide more opportunities to participate in a wide range of sports and make sure pupils are more physically active for longer periods of time. We intend to provide activities to meet the needs of all individuals at Parkside Middle school, regardless of ability, gender or SEND need. We intend to achieve this through the introduction of new sports to the curriculum. As well as this we will provide opportunities within the curriculum but also through external competitions and events, working in partnership with local Bromsgrove schools and North Worcestershire School Games. To ensure sustainability of participation in the future, the PE Department will ensure that members of the department are deployed effectively in order to offer a wide range of extra-curricular clubs for all key stages.		The implementation of key Indicator 1 is shown by the following: <ul style="list-style-type: none">• Purchasing of additional equipment to enhance and broaden the current PE curriculum and provide opportunities both during lessons along with extra-curricular activities.• Purchase of all-inclusive sports equipment, specifically targeting SEND pupils.• Ensuring equipment is of a good quality, allowing it to be sustainable and accessible to all pupils at Parkside Middle School. Purchasing of new equipment – netball posts and nets, badminton racquets and indoor athletics equipment.• Working in line with North Worcestershire School Games to allow pupils to be involved in competitive sport as well as events that focus on inclusion and participation.• Continuation of ‘Turn up and Play Tournament’s’ to allow all pupils access to sport and physical activity.		The impact of Key Indicator 1 is shown by the following: <ul style="list-style-type: none">• Increased knowledge of new sports in the curriculum and more pupils participating in extra-curricular clubs.• All pupils able to engage fully in every PE lesson, regardless of ability, gender or SEND need.• Wider range of sports and activities for pupils to participate in, both in curriculum time and extra-curricular.• Enhanced opportunities for pupils to experience competitive sport and gain sense of achievement, working in line with North Worcestershire School Games competitions and events.	
				£712.00	
				£6,514.90	

	<ul style="list-style-type: none"> • Guest speakers from professional sports teams to deliver talks to pupils to raise sporting aspirations. • Specialist equipment ordered for SEND pupils to increase accessibility of PE. 			£530.90
--	--	--	--	---------

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				16.81%
Intent	Implementation		Impact	
<p>Parkside Middle School always has and will continue to raise the profile of Physical Education, School Sport and Physical Activity as we see the true value this can have for all pupils, not just when they are in our school, but after they leave. Our Intent is to Encourage them to lead healthy active lifestyles through lifelong participation in sport and physical activity, allowing them to become socially and emotionally aware, confident young people. This is in line with the school values that are frequently discussed within PE lessons. Our intent is to provide more opportunities to participate in a wide range of sports and activities. To ensure sustainability of this in the future the PE Department will continue to utilise specialised coaches and will work closely with Sport Development officer as well as other agencies (All Active Academy) to ensure as a school we participate in a wide range of sporting opportunities offered to our pupils.</p>	<p>We aim to implement Key Indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement through:</p> <ul style="list-style-type: none"> House competitions organised by Sports Leaders, roles and responsibilities given to students. Introducing new sports to the curriculum with a focus on inclusion. To continue to offer a wide range of extra-curricular activities delivered by specialist teachers or coaches. Continue to raise profile of PE through Sports Leaders, celebrating success, district competitions, collaboration with other schools and involvement in North Worcestershire School Games competitions and events. Guest speakers from professional sports teams to deliver talks to pupils to raise sporting aspirations and profile of PESSPA. 		<p>The impact of Key Indicator 2 is shown through the attitudes towards PE and School Sport. This is reflected through:</p> <ul style="list-style-type: none"> Pupil Voice, allowing pupils to express their opinions of Physical Education and School Sport. Links created with other schools including first schools/feeder schools and high schools (NBHS and SBHS Sports Leaders). Club links created with local community (Bromsgrove Rugby Football Club, Redditch United Football Club). 	£3,210.00

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				2.93%
Intent	Implementation		Impact	
At Parkside Middle School we have specialist staff delivering Physical Education in curriculum time across both KS2 and KS3. These specialist staff also deliver extra-curricular clubs throughout the school year. We provide non-specialist staff with training opportunities through recommended CPD courses, team teaching and moderation to ensure quality across the curriculum. Our aim is to ensure a continued growth in confidence, knowledge and skills of all staff to allow all pupils to access the best teaching of Physical Education. To ensure sustainability of this in the future the PE Department liaise closely with the Sport Development Officer to ensure members are offered CPD opportunities on various sports. More departmental meetings will be scheduled throughout the year to ensure consistency across the Department.	At Parkside Middle School we will implement Key Indicator 3 by:		<p>The Impact of Key Indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport will be shown through:</p> <ul style="list-style-type: none"> Non-specialist teacher delivery, monitored by Heads of Department. More confidence to plan and deliver small group sessions within PE lessons to support teachers. Increased confidence and capability of all pupils. Coaching and leadership skills for KS2 coaching. 	£560.00

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				33.86%
Intent	Implementation		Impact	
Parkside Middle School has always offered a broad range of experiences and range of sports for all pupils. We will continue to do so through increased participation in North Worcestershire School Games competitions and events, focussing on healthy competition but also inclusion. Our intended impact is to Provide pupils an opportunity to participate in a range of sports and physical activities. Exposing them to competition within sport which will develop values and discipline to benefit them within sport and all other aspects of life. Encourage them to lead healthy active lifestyles through lifelong participation in sport and physical activity, allowing them to become socially and emotionally aware, confident young people. To ensure sustainability of this in the future the PE Department will ensure we have an ambitious and current curriculum whereby new sports are introduced to pupils.	The implementation of Key Indicator 4 will be shown through: <ul style="list-style-type: none"> • Introduction of a new Medium-Term plans, supported by appropriate resources and equipment. • Curriculum Physical Education as well as specialist days, for example social awareness day, sports day, Blackwell OAA trip for Year 5, Sports For Champions. • Orienteering – attendance at local competition and Worcestershire District Orienteering School Games Competition. • Increase skills and knowledge of a range of sports and activities within the curriculum. 		The impact of Key Indicator 4 will be shown through: <ul style="list-style-type: none"> • Pupils accessing a wider range of sports and experiences within PE lessons and extra-curricular clubs. • Introduction of new sports and skills. Teambuilding and focus on gross motor skills. 	£511.74 £5,954.90

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				20.58%
Intent	Implementation		Impact	
At Parkside Middle School we recognise the value that competition can have. It not only improves our resilience, teamwork and communication skills in that specific sport or activity but translates to the world outside of the sporting arena. Within Physical Education we intend to balance inclusion with competition, ensuring the environment that we create is inclusive for all students at our school. Through establishing links with community clubs, our pupils can not only experience a healthy competitive environment within PE at Parkside but also through the involvement with community clubs. We intend to expose pupils to competition within sport which will develop values and discipline to benefit them within sport and all other aspects of life.	<p>We will implement Key Indicator 5 through a range of strategies including:</p> <ul style="list-style-type: none"> • Opportunities given for house competitions within school to encourage healthy participation within the school environment. • Value Physical Education as a competitive subject in which pupils can compete in age-appropriate games and activities. • Instil the school wide values within the Physical Education curriculum. • Continue to participate in regular, season specific competitive fixtures against other schools in sports such as football, rugby, netball and rounders. • Continue to participate in district competitions and festivals within Bromsgrove. 		<p>The impact from Key Indicator 5 will be shown through:</p> <ul style="list-style-type: none"> • Pupils have experienced increased levels of competitive sport across the district, which in turn has increased knowledge and understanding of organisation of external fixtures/competitions. • Pupil engagement in local community clubs, link created through school to increase amount of competitive sport. 	£3,931.33

Signed off by	
Head Teacher:	N Mancini
Date:	July 2023
Subject Leader:	E Spalding/C Wallis
Date:	July 2023
Governor:	S Mole
Date:	July 2023