

Key Performance Indicators	Year 5 Milestones - P.S.H.E
Health & Well-being	I can identify what is meant by a healthy lifestyle.
	I can recognise ways of keeping physically and emotionally safe.
	I can manage change, such as puberty, transition and loss.
Relationships	I can develop and maintain a variety of healthy relationships within a range of social/cultural contexts.
	I can recognise and manage emotions within a range of relationships.
	I can identify equality and diversity in relationships.
	I can identify the differences in girls and boys puberty.